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Food, Page 1C

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# Granite City Journal

SUBURBAN JOURNALS - #1 IN WEEKDAY READERSHIP WITH OVER 1.4 MILLION READERS

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VOLUME 21, NUMBER 47

WEDNESDAY, JUNE 11, 1997

FIFTY CENTS

## Cueto's fate in jury's hands

Powerful lawyer faces lengthy prison term if convicted

By Bob Slate  
Staff writer

Did Amiel Cueto use his law license and powerful political connections to derail an investigation into a \$48 million illegal gambling operation in St. Clair County and thus protect his profits from the scheme?

Or was he simply a "zealous advocate" for his clients, unaware of the illegal activities they were participating in and singled out for prosecution because he publicly insulted the U.S.

Attorney's office and the Federal Bureau of Investigation in a tabloid newspaper he published?

That is the choice put to jurors Tuesday after Assistant U.S. Attorney Miriam Miquelon and defense attorney Ron Jenkins finished their closing arguments Monday in Cueto's conspiracy and obstruction of justice trial in U.S. District Court in East St. Louis.

Cueto, 47, of Rain Tree Woods in Belleville, is charged with one count of conspiracy to defraud the U.S., five counts of obstruction of justice and one

count of conspiracy to obstruct justice.

"Cueto controlled the judges in St. Clair County. He thought he could control the state's attorney," Miquelon said during closing arguments Monday. "By using his law license to plot and conspire, Amiel Cueto thought he could commit the perfect crime."

But Jenkins noted that Cueto was never mentioned as a conspirator in the \$48 million illegal gambling operation until after he referred to Miquelon as a "Nazi" in January 1995 in his tabloid, the *East Side Review*.

"It is the first time I know of someone being prosecuted as a result of publishing a newspaper and announcing his intention to seek public office," Jenkins told jurors. "God help our country."

Prosecutors allege Cueto conspired to derail the investigation into a multi-million dollar illegal gambling operation run by Thomas Venezia and B&H Vending-Ace Music Corp. Venezia was sentenced earlier this year to 15 years in a federal prison after being convicted (See CUETO, Page 6A)



Amiel Cueto

## Madison principal ends varied career

By Michelle Duell  
Staff writer

Rose Wesson, who will retire as principal of Madison High School this year, is proud of the Madison Trojans' accomplishments.

"So many things have happened here," Wesson said of her school. "But the memory that stands out most in my mind is our basketball team going to state. That is something we should be proud of all of us."

Wesson, who has been principal of Madison for three years, said she is retiring because she has reached the age when she can. Her last day on the job will be June 30.

Before she came to Madison, the administrator lived overseas and served as a diagnostician for the military through the Department of Defense Dependent Schools.

During her career with the U.S. government, she lived in Panama and Cuba. She also traveled to workshops in London and Brussels.

"I did that for four years," Wesson said.

"In Panama, it was beautiful — very nice," Wesson said. "All my experiences (there) were pleasant ones. There were all kinds of populations there. You didn't use racial characteristics to determine a Panamanian. I left just before they had that war."

(See WESSON, Page 6A)



Madison High School Principal Rose Wesson will retire June 30.

## Haine upset over warning to home

Madison County State's Attorney Bill Haine has warned employees of the Illinois Department of Public Health against notifying nursing homes in advance about pending investigations into complaints.

Haine issued the warning after his office investigated a complaint filed last month by Nursing Home Monitors, a Godfrey-based group that serves as an advocate for nursing home patients and their families, against three employees of the Department of Public Health.

Nursing Home Monitors complained that the state employees improperly notified Rosewood Nursing Home in Alton about a pending complaint investigation in August 1995. The employees accused of improper conduct were Mark Carr, who is a supervisor, and two surveyors, David Brackenbush and Karen Burgett.

According to a letter sent by Haine to the Public Health Department, "This violation was investigated, and the facts set forth in the complaint were proven."

Haine's letter also said, "In our opinion, the facts of the complaint were sufficient for us to file a criminal charge, a misdemeanor." The statute of limitations for the misdemeanor charge is 18 months, however, and the period had expired before Nursing Home Monitors filed its complaint, Haine said.

(See HAINE, Page 5A)

## Man is killed in police chase

Marijuana, alcohol are discovered in suspect's system

By Nicole Vaughn  
Staff writer

The theft of two cans of beer Sunday night from a Collinsville convenience store led to a brief police chase in which the suspect died.

Thomas J. Dye, 22, of the 400 block of Anita, Fairview Heights, was pronounced dead at 7:10 p.m. Sunday at Anderson Hospital in Maryville.

Dye had been taken there by Collinsville Fire Department ambulance after his 1987 Volkswagen Jetta sideswiped a pickup in the westbound lane of Lebanon Road.

Police Chief Gerrit Gillespie said that the incident began about 6:20 p.m. Sunday when an employee at the 4-0-11 Amoco, 819 S. Morrison, reported a theft of two cans of beer. The employee gave police a vehicle description and

license plate number.

A responding officer, whom Gillespie declined to identify, saw a white Volkswagen matching the suspect vehicle turn onto East Church from South Morrison. The officer activated his siren and attempted to get Dye to pull over, Gillespie said. Instead, the vehicle continued on East Church.

(See CHASE, Page 6A)

## Police continue search for killer

Animal activist was beaten to death; body found in St. Louis

As family and friends paid their respects Monday to animal activist Mary Ann Wright-Hursey, authorities were continuing to search for her killer.

Funeral services were Tuesday for Wright-Hursey, 30, whose body was found under her burning truck about 12:30 a.m. Friday in a grassy area off Interstate 44 and Lafayette in south St. Louis.

Police said she had been beaten to death, possibly with a golf club found

near the scene. On Monday, St. Louis authorities were searching for a co-worker on St. Louis' Produce Row.

authorities said they were continuing to search for a co-worker of Wright-Hursey's on St. Louis' Produce Row. Police would not say that the man was a suspect, only that he was being sought for questioning.

Wright-Hursey had been Collinsville's assistant animal control officer for eight years and had been a volunteer with the former Collinsville Humane Society.

She is survived by her mother, Greta Wright of Collinsville, and two brothers.

## In the Journal

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**5 FULLER'S FORECAST**  
John Fuller, Meteorologist, KSDK-NewsChannel 5

WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
77 61	78 62	82 63	83 64

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# OPINION

344-2340

## SOUND OFF!

To call the Journal "Sound Off" line, dial 344-2340 and leave your message. We won't print personal attacks or unfair criticism of individuals or businesses. Please keep your comments brief and reasonable.

**A damn fine man**  
Gentlemen, it's safe to say that I'm not the best student at Granite City High School, not near the best. But when I read in this Sunday's paper about the firing of band director Tim Mason, I'm not even in the band, but I think he's a good teacher. I've talked to Mr. Mason and he's been my friend ever since I met the man. I've starred in the plays and Mr. Mason talked to me every day. Mr. Mason is a damn fine man and I think the Granite City School Board is wrong in their decision to fire him. I think that Mr. Mason should be given a chance and that he should be the one to stay with the band. If you go ask any of the band members, the band parents, anyone who is in the band they want Mr. Mason.

**A good decision**  
I would like to compliment the Granite City School Board on its decision to hire a new band director for next year. Anyone should be able to look at the band today and the one four years ago and see that this decision was justified. Not good old boys politics, just good old common sense.

**Rearranged potholes**  
I'm calling again about Century Drive over here. The Street Department is done working on it and all that I can see that they have done is rearranged the potholes. When are they going to fix it? Why won't they pave it? We pay our taxes. We pay just as many taxes in north Granite as they do over in Granite. What's the deal, can't they just pave that road? Instead, we have to go through there to get out of here and all we hit is potholes and it tears up our cars. Are they going to get it fixed? What's going on?

**Bumps in the road**  
Granite City's jewel is Wilson Park. Preschoolers, swimming pool, all the ball diamonds, the 1/4-mile path, the two playgrounds, and people of all physical abilities endangered by the 40 to 50 miles per hour drivers of cars, trucks or motorcycles. This speed is evident all hours of the day and/or night. The solution? Speed bumps on the streets, the perimeter of our treasure, Wilson Park.

**Anonymous, and happy**  
I just personally feel that it is the right thing not to have to sign your name to express your opinion in the Sound Off! articles. And my reason being is that you might hurt someone's feelings, and you might even make a fool of yourself or even be liable for a lawsuit. I think your article is very interesting. I think it's a great thing you have.

**What about the kids?**  
I was just calling about all the talk they've been having about the school board in Granite City and showing favoritism. I just think it's really bad that no one's ever said anything about what the kids need. Everyone just seems to do whatever they want to do. They don't worry about the children. The children should be the No. 1 concern, not who gets hired or how much they're making an hour.

**Misses 1A listings**  
I want to tell you how very much I miss the listings of the deceased off the front page, and would like to know for what reason they were removed. Almost all working people have a chance to glance at front page in progress of other things but most don't get the chance for paper reading until late in the evening and can very easily miss a wake, and that is a four-hour, one-

time stand. Front page is often passed by word of mouth. Everyone is not qualified in their lifetime to make front page, but I feel they should be allowed to on their way out.

**I'll second that**  
I'd like to second the opinion of the person who wanted to see the laws that we have in our city enforced. Perhaps we

need to have our mayor or the police department issue a statement in the paper once in a while to remind our citizens that these laws can be enforced. Drive around any street on a weekend and you'll find grass clippings, leaves, etc. blown into the street by someone who wants it out of his yard but does not realize he's responsible for how the town looks. This is also against the law, isn't it? What if everyone did the same?

**Don't fence me in**  
The city of Granite City officials complain about junky alleys and only mention one street when there is always two streets per alley. Some people with privacy fences don't care what the alley looks like and never check to see if their trash has all been picked up. The people without privacy fences are always cleaning alleys because we can't stand

garbage all over the alley and blowing into our yards. We need something done.

**How did they all fit?**  
Your paper printed that there were 84,000 people that visited the city of Madison (during the Motorola 300 May 22-24). How in the world did the city of Madison fit 84,000 people? I assume that they came to all the bars and every restaurant and every home in the city to

## VOICE BOX

IS THERE A CERTAIN GOAL YOU HAVE SET OUT TO ACHIEVE FOR YOURSELF?



"To live out my life for God. To answer his call and live my life for his highest. To give my all, because that is what he's called to give and nothing less."

Marc Johnson, 16  
Granite City



"To completely die to self, crucifying my all on the cross for him. To radically and boldly set the world on fire for Jesus Christ, no matter what the cost."

Bryan Johnson, 18  
Granite City Student



"No, not really. I'm just busy working. I'm over the hill; I've already achieved my goals."

Wayne Huracy, 50  
Granite City Subway employee



"I'm looking forward to retirement! And all the 'activities' I want to do now like study, read books and write."

Charlie Haynes, 50  
Granite City IL Dept. of Public Aid



"One of the best mothers I can be to my children, so they'll grow up to have high achievements."

Lisa Ybama, 30  
Granite City Y.M.C.A. employee

Photos by Shirley Valencia  
Interviews by Shirley Valencia

## Small Accidents Can Have A Major Impact On Your Back.



You don't have to total your car to injure your back or neck. Sometimes just being in the wrong position during a fender-bender can do it. That's where we come in. Chiropractors are physicians specially trained to relieve back and neck pain. And since chiropractic medicine is recognized by most major insurance companies, your treatment is probably covered. If you're in pain, don't wait. It won't go away by itself and you may actually do more damage by not being treated. Call us today.

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Register to win more than \$16,000 in prizes from Kiddie Car Classics and Sidewalk Cruisers

Over 280 Prizes Nationally!



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Granite City Crossroads Plaza 451-1767	O'Fallon Southview Plaza 632-8907	Swansea Schnucks 236-7467	

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NEWS

## Divorce group begins session

The Second Chapter, an educational and supportive program dedicated to divorce recovery and life rebuilding, will begin a new 14-week session on June 14. Group meetings are hosted throughout the area. For more information, call (314) 781-9818.

## Oh, the things that you'll see

Zoo photo contest is open to children and adults

Turtles won't be the only things snapping at the St. Louis Zoo this summer. Shutter-happy zoo-goers will be looking for the perfect picture to capture a prize in the St. Louis Zoo Friends Association annual photo contest.

Aspiring photographers have until July 31 to enter the contest co-sponsored by Schnucks Supermarkets and the Suburban Journals.

Prizes are available to children and adults. The Junior category is open to those ages 10 and younger, and ages 11 to 15. The Open category is for all ages.

Four winners will be named in the Junior category, two from each age group, and 12 will be named in the Open category, two per subject area.

A Best-of-Show entry will be selected from first-place winners. Subjects for each category are: zoo architecture; mammals; reptiles, amphibians, fish and invertebrates; birds; people at the zoo; and black and white (any zoo subject).

First prize in the Open category is \$50 cash; a \$50

Schnucks gift certificate and 10 rolls of film. Second prize is \$25 cash; a \$25 Schnucks gift certificate and five rolls of film. The Best of Show winner will receive the first-prize package plus an additional \$50 Schnucks certificate and a trophy.

First prize in the Junior category is a Raging Rivers season pass and five rolls of film. Second prize is four one-day tickets to Raging Rivers and five rolls of film.

Opportunities to take pictures around the zoo is open from 9 a.m. to 5 p.m. six days a week, and until 8 p.m. on Tuesdays.

All entries must be received by the St. Louis Zoo Friends Association by July 31. Entrants may submit as many photographs as they wish, but each must be accompanied by a completed entry form and a \$2 entry fee.

Entrants may use the entry form included in this edition of the Journal or pick up a form at any Schnucks store.

Entries must be color or black and white prints. Each



## Saint Louis Zoo Friends Association 1997 Photo Contest Entry Form

Please print or type; copy this form for additional entries.

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_  
Day Phone: \_\_\_\_\_ Zip: \_\_\_\_\_  
# of entries @ \$2.00 each = \$ \_\_\_\_\_

### Category (check one):

Junior ☐ 001 10 years and under ☐ 002 11 to 15 years  
Open ☐ 011 Zoo architecture ☐ 012 Birds  
☐ 013 Mammals ☐ 014 People at the Zoo  
☐ 015 Reptiles, amphibians, fish and invertebrates ☐ 016 Black & white (any Zoo Subject)

I hereby certify that this is my original work; that it is not a copy of any other photograph or work of art; and that it has not been published or submitted to any other person or entity for publication or prize consideration. I understand that my entry becomes the property of the Saint Louis Zoo Friends Association, which reserves the right of publication, but not of copyright. I understand that neither the Saint Louis Zoo nor the Saint Louis Zoo Friends Association is responsible for damage or loss of my entry for any reason.

Entrant's Signature \_\_\_\_\_  
Signature of parent or guardian required if entrant is age 18 or younger.

Mail or deliver entry to Saint Louis Zoo Friends Association.  
See reverse for complete contest rules.

**SAINT LOUIS ZOO FRIENDS ASSOCIATION**  
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photograph will be judged on composition, technique and originality, with particular emphasis on originality. Winners will be notified by Aug. 15, and awards will be presented at a reception from 5:30 to 7 p.m. Aug. 19.

## Large item pick-up under way

The City of Madison is holding its annual free pick-up of large items and extra trash this week, from June 9 through June 15. The following items will NOT be picked up by the city: refrigerators, air conditioners, chillers, dehumidifiers, clothes dryers, stoves, batteries, freezers, furnaces, water coolers, dishwashers, ranges, ovens, heat pumps, boilers, humidifiers, washing machines, water heaters, tires or any other form of hazardous waste. Any large items and extra trash put out after June 15 will be subject to the applicable charges.

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## HOLY GHOST REVIVAL

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Before becoming full time evangelists, they pastored for 20 years, the last twelve were at First Assembly of God in Radcliff, KY. In May 1988, their church bus was hit head on by a Drunk Driver going the wrong way on the interstate. The crash killed 27 people and was national news for weeks.

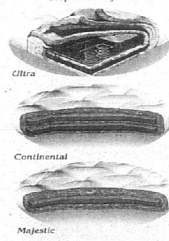
They both have experienced God's healing power in their lives. Martha was healed of ulcers so extreme that doctors wanted to replace her stomach with an artificial one. Because they have gone through the trials and won, they know how to minister to others.

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# Group pleased WORTH assuming abortion grant

ALTON — Anti-abortion activists are pleased that a state grant for family planning clinics will go to Wood River Township Hospital instead of the Madison County Health Department. But they pledged to monitor the hospital and the possibility that the county still could assume the grant at a later date.

"People do not want county government to get involved in this," said Alton resident Felicia Goeken, Illinois director for National Right to Life.

The hospital will administer a 30-day grant of \$20,000 through its not-for-profit Madison County Health Center, which is not affiliated with county government.

The health center is likely to assume the annual grant of \$286,000 in July. The grant was dropped May 31 by the former Family Service and Visiting Nurse Association, which recently changed its name to Family Counseling Services.

The organization had run two clinics, one in Alton and one in Collinsville, for years. The hospital is running just one clinic at 1623 Washington Ave. in Alton, but may open another.

The role of the county in the future of the clinics is uncertain. The state Department of Public Health asked the county to assume the grant last month. But County Board members were bombarded by phone calls and letters from anti-abortion activists opposed to the proposal.

Members of the board's Health Department Committee were reluctant to assume the grant, but never took a vote.

Board Chairman Rudy Papa, D-Bethalto, said he believes the issue is dead for now. "It never left committee, and I don't think it will," Papa said.

He said that Don Brannon, administrator of the county Health Department, told Wood River Township Hospital to "go ahead and apply for it."

County Board member Albert Charleston of the Health Department.

## Genealogical Society meets Thursdays

The Madison County Genealogical Society meets at 7 p.m. the second Thursday of each month in the fellowship meeting room of the Immanuel United Methodist Church, 800 N. Main St., Edwardsville. The room is wheelchair accessible.

Guests are welcome and membership is open to all interested persons. For information about the society, call Elsie Wasser at 656-2296 or Marie Eberle at 656-1789, or write to the Madison County Genealogical Society, P.O. Box 631, Edwardsville, Ill. 62025-0631.

## ATTENTION: RESIDENTS OF GRANITE CITY

### "DID YOU KNOW"

1. COLONIAL CARE CENTER IN GRANITE CITY NOW ACCEPTS PAYMENT FOR YOUR CARE FROM MEDICARE FOR 100 DAYS. WE ARE THE ONLY ONE THAT CAN.

2. EVEN IF YOU ARE A RESIDENT OF ANOTHER CARE FACILITY AND HAVE BEEN IN THE HOSPITAL, YOU CAN COME TO COLONIAL CARE CENTER FOR UP TO 100 DAYS OF CARE. THIS IS A SUBSTANTIAL SAVINGS FOR YOU.

3. COLONIAL CARE CENTER HAS BEEN GRANTED THE RIGHT TO ACCEPT YOUR MEDICAL INSURANCE POLICY FOR CARE AT OUR FACILITY.

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The health center is likely to assume the annual grant of \$286,000 in July. The grant was dropped May 31 by the former Family Service and Visiting Nurse Association, which recently changed its name to Family Counseling Services.

ment Committee, said the matter may be brought up again. Charleston, who has said he thinks the grant is a political

## OBITUARIES

### May, Donald L. Jr.

DONALD L. MAY JR., 43, of Pontoon Beach died at 12:35 p.m. Monday, June 9, 1997, at his residence following a three-year illness. He was born Feb. 21, 1954, in Granite City and had been a lifetime resident.

Mr. May, a U.S. Coast Guard veteran, was employed at Hy-C Company of St. Louis for 10 years as a maintenance supervisor.

Survivors include his wife, Mary (Downey) May; his parents, Donald L. and Betty (Logan) May; and one brother, David May of Granite City.

Visitation will be from 4 to 8 p.m. today, Wednesday, at Werner Chapel for Funerals, 3939 Lake Drive, Pontoon Beach. Services are scheduled for Thursday, June 12, at Werner Chapel with the Rev. Jamie Hahn officiating. Burial will be in Sunset Hill Memorial Estates, Glen Carbon.

Memorials are suggested to Hospice of Madison County.

### Barton, Norma M.

NORMA M. BARTON, 72, of Pontoon Beach died at 6:15 a.m. Sunday, June 8, 1997, at her residence following a seven-year illness. Born Aug. 8, 1924, in Graniteville, Mo., she had been a Pontoon Beach resident for 38 years.

Mrs. Barton, a homemaker, was a

member of City Temple and the Pontoon Beach Senior Citizens.

Survivors include her husband, Ezekiel Barton, whom she married in 1940; two sons, Michael Barton of Pontoon Beach and Marty Barton of Capitol, Texas; three daughters, Judy Aledo and Bonnie Barton, both of Granite City, and Brenda Dropp of Pontoon Beach; one sister, Virginia Heidenreich of Blackwell, Mo.; six brothers, Eugene and Charley Moyer, both of Irion, Mo., and Jimmy Moyer, both of Cedar Hill, Mo.; and Terry and Jerry Moyer, both of High Ridge, Mo.; 13 grandchildren and 17 great-grandchildren.

She was preceded in death by her parents, Marion W. and Thelma (Clemmons) Moyer, and two brothers, Virgil and Jos Moyer.

Services were Tuesday, June 10, at Werner Chapel for Funerals, 3939 Lake Drive, Pontoon Beach, with the Rev. Robert Wutzler officiating. Burial was in Sunset Hill Memorial Estates, Glen Carbon.

Memorials are suggested to the New Life Evangelistic Center.

### Griffith, Roland W. Jr.

ROLAND W. GRIFFITH JR., 74, of Alton died at 11:58 a.m. Tuesday, June 3, 1997, at Barnes-Jewish Hospital in St. Louis of cancer. He was born Jan. 3, 1923, in St. Louis.

Mr. Griffith, an attorney in Alton for 45 plus years, was a graduate of Culver Military Academy, the University of Illinois and Northwestern School of Law, and was a member of Madison County state's attorney, being the first Republican elected since his father 40 years previously.

He was a past president of both the Madison County and Alton-Wood River bar associations; past attorney for the Alton School Board; former director of PSVNA; a member of Ainaud Temple of East St. Louis and First Presbyterian Church in Alton, and a World War II veteran.

He was preceded in death by his

liability, said other board members may just be waiting for controversy to die down.

Goeken said she considered it a shame that Wood River Township Hospital would "grasp at this quarter of a million dollars in light of the controversy over it."

Goeken said she thinks the hospital is on the "slippery slope" to increasing area abortion services.

Hospital administrator Max Ludeke said earlier this week that information about abortion providers would be given only to patients who ask, and then only with information about alternatives.

Such information is required by federal law for the source of the state grant, which is Title X funding.

Goeken said the Alton Area Right to Life organization would be recruiting members to monitor the clinic.

— From The Telegraph

### Knebel, George John

GEORGE JOHN KNEBEL, 77, of Collinsville died Sunday, June 8, 1997, at his residence. He was born July 23, 1919, in Staunton.

Mr. Knebel was a former telegrapher and manager of communications for Norfolk and Western Railroad in St. Louis, a World War II U.S. Army veteran and a member of the Collinsville Knights of Columbus and St. Peter and Paul Catholic Church of Collinsville.

Survivors include his wife, Marie (Whitlock) Knebel, whom he married Feb. 19, 1946; three sons, Michael G. Knebel of Thompsonville, Ind., and David A. Knebel of Florissant, Mo.; seven daughters, Ebby Knebel, Constance E. Galvin, Mary Kay Miller, Dawn Elwood and Dee Knebel, all of Collinsville; Lynette M. Knebel of Trenton and Peggy Steinbrueck of Longmont, Colo.; 15 grandchildren and three great-grandchildren.

Visitation will be from 4 to 8 p.m. today, Wednesday, at Herr Funeral Home, 501 W. Main, Collinsville. Services are scheduled for 10:30 a.m. Thursday, June 12, at St. Peter and Paul Catholic Church in Collinsville with the Rev. Robert Morris officiating. Burial will be in Sunny-side Cemetery, Sorento.

Memorials are suggested to St. Peter and Paul Catholic Church.

### Nelson-Springer, Ruphine

RUPHINE (MILES) NELSON-SPRINGER, 66, of Granite City died Saturday, June 7, 1997, at Missouri Baptist Hospital in St. Louis. She was born Feb. 29, 1928, in Stewart County, Tenn.

Mr. Nelson-Springer was formerly employed as a day care worker at Kitty Corner in Granite City for 10 years. She was a member of First Baptist Church, Granite City.

Survivors include one son, James Nelson of Granite City; one daughter, Sharon Nelson of Granite City; one stepson, Jerry Springer of Collinsville.

Memorials are suggested to St. Peter and Paul Catholic Church.

insville; seven grandchildren and six great-grandchildren.

She was preceded in death by her first husband, Charles Nelsch, who died September 1966; her second husband, William Russell Springer, who died April 1986; her parents, Leslie and Callie (Lancaster) Miles; and one sister, Orlan Miles.

Services were held Tuesday, June 10, at Irwin Chapel, 3960 Maryville Road in Granite City, with the Rev. Jim Hooker officiating. Burial was in Jefferson Barracks National Cemetery, St. Louis.

Memorials are suggested to St. Peter and Paul Catholic Church.

Chartrand, Jerry Lee

JERRY LEE CHARTRAND, 84, of Duplo died Saturday, June 7, 1997, at Memorial Hospital in Belleville. He was born May 10, 1913, in Centerville.

Mr. Chartrand was serving as Highway Commissioner of Sugar Loaf Township and as a St. Clair County Board Member. He served for more than 30 years as an elected official. He also served in the U.S. Navy from 1935 to 1947 and was a member of First Baptist Church of Duplo and Illinois Elks Lodge 1395.

Survivors include his wife, Sondra June (Murray) Chartrand; his mother, Edna (Westenheide) Chartrand of East Carondelet; one son, Jerry Wayne Chartrand of Duplo; one sister, Dorothy Rayot of Waterloo; two brothers, William "Bill" Chartrand of Red Bud and Donald Chartrand of Tennessee; and two grandchildren.

He was preceded in death by his father, Clarence Chartrand.

Services were held Tuesday, June 10, at Dasher Funeral Home in Duplo with the Revs. Darrell Atkins and Clifford Burney officiating. Burial was in Valhalla Gardens of Memory Cemetery, Belleville.

Memorials are suggested to First Baptist Church of Duplo Building Fund or Dasher and the Sugar Loaf Township Park or Family Hospice.

### Biluey, George Dale

GEORGE DALE BILUEY, 42, of Caseyville died at 5:30 a.m. Saturday, June 7, 1997, at Memorial Hospital in Belleville. He was born Sept. 4, 1954, in Granite City.

Mr. Biluey was employed by Granite City Steel where he had worked for 20 years as an ironworker. He was a U.S. Navy veteran and an avid sailor.

Survivors include his mother, Peggy (Daughterly) of Hastings, Tenn.; one son, Zachary Biluey of Fairview Heights; one daughter, Deborah Davenport of New Douglas; and one brother, Shane Biluey of Belleville.

He was preceded in death by his father, Dale F. Biluey; and one sister, Tammy Biluey.

Services were held Tuesday, June 10, at Herr Funeral Home, 501 W. Main, Collinsville. Burial was in Rauls Cemetery, Dover, Tenn.

Memorials are suggested to Zachary Biluey.

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# NEWS

## •Cueto

(Continued from Page 1A)

ed of racketeering, operating an illegal gambling business and conspiracy to defraud the Internal Revenue Service in connection with an illegal video gambling operation run out of Metro East taverns.

According to prosecutors, Cueto, Venezia, Robert Romanik and others conspired to defraud the government by impeding, impairing, obstructing and defeating and attempting to impede, impair, obstruct and defeat the FBI, the grand jury and the U.S. District Court in their investigative and judicial responsibilities.

Cueto "battered judgeships and state's attorney's offices like a barker at a carnival" to protect the operation, Miquelon said.

"He was like a puppeteer (operating) from behind a curtain," she told the jury.

Specifically, the indictment alleges that Cueto interfered with the investigation and prosecution by:

- Attempting to discredit Bonds Robinson, a state liquor control officer assisting the FBI in its investigation of B&H;
- Providing false information to state and federal investigators;
- Filing false court pleadings in connection with the legal proceedings before the grand jury, the district court, the appeals court and the U.S. Supreme Court;
- Attempting to manipulate the state and federal court proceedings for the benefit of the gambling racket;
- Corruptly advising potential grand jury witnesses not to testify; and
- Offering political rewards to a public official to encourage cooperation in the scheme.

Miquelon said greed motivated Cueto.

"The corrupt motive, ladies and gentlemen, was greed. Plain and simple. Money talks," she said.

But Cueto testified in his own defense that he had no business ties to Venezia and that he did not know Venezia's video machine business was being operated illegally.

Jenkins said the evidence presented by the prosecution depended largely on witnesses who had made or were about to make deals with the U.S. Attorney's office to get leniency in exchange for their testimony.

"This is called the carrot and the stick," Jenkins said.

For example, Venezia is facing 15 years in a federal prison for his racketeering conviction. But prosecutors have agreed to recommend a reduction of five years in exchange for Venezia's guilty plea and testimony against Cueto. Others who testified were granted immunity, Jenkins said.

"Ms. Miquelon referred to Mr. Cueto as a puppeteer," Jenkins said. "The Venezias are puppets too when they testify here. They have the government prosecutor holding the stick out."

"The Venezias are not the Brady Bunch."

The indictment alleges that Tom Venezia attempted to bribe Robinson on Aug. 17.

The indictment also alleges that Cueto attempted to bribe Robinson on Aug. 17.

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## Horse Salve Eases Arthritis Pain

LOUISVILLE, KY -- An ingredient derived from hot peppers that decreases inflammation in rheumatoid legs, has now been approved by government researchers for human use. The ingredient has been formulated into a product called ARTH-Rx.

ARTH-Rx comes in a strength designed for humans. Researchers are excited and say the formula can relieve arthritis pain for millions.

Developed by the Phillips Gulf Corporation, ARTH-Rx is a breakthrough in the treatment of painful disorders ranging from minor aches and pains to more serious conditions such as arthritis, bursitis, rheumatism, tendonitis, backache and more.

Although the mechanism by which ARTH-Rx works to relieve pain is not totally clear, scientists suggest that pain is relieved because ARTH-Rx interrupts the messenger substance that sends pain signals to the brain.

ARTH-Rx is available in a convenient roll-on spray without prescription. According to a spokesperson for the company, due to the overwhelming demand for ARTH-Rx, supplies are sometimes limited.

ARTH-Rx can also be ordered by calling 1-800-729-8446. ©1995 RSC.

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MARYVILLE PHARMACY  
2700 N. Center St. Maryville 288-7474

GRANDPA PHARMACY  
9525 Collinsville Rd. Collinsville 345-1800

## •Wesson

(Continued from Page 1A)

Robinson was working undercover for the FBI at the time and the offer was recorded on tape, prosecutors said.

When the bribe attempt failed, prosecutors allege, Cueto had longtime friend U.S. Rep. Jerry Costello, D-Bellville, offer to use his political influence to have St. Clair County State's Attorney Robert Haida promoted to judge.

Haida would convince St. Clair County Board Chairman John Baricovic to name Cueto as Haida's successor so that Cueto could discredit Robinson.

Haida testified during the Cueto trial that Costello had offered to use his influence to get Haida a judgeship if Haida would convince Baricovic to name Cueto state's attorney.

The obstruction of justice charges have a penalty of up to 10 years in prison, three years supervised release and a \$250,000 fine. The other charges each have a potential penalty of up to five years in prison, three years supervised release and a \$250,000 fine.

The case was to be turned over to the jury Tuesday.

Wesson said her experience in Cuba was completely different. Her experience there was the catalyst that led her back to the United States.

"I didn't like Cuba," said Wesson, who was working at Guantanamo Bay, a military base, before she returned to the United States. "I wasn't allowed to go into Cuba."

Being forced to stay on the base did not appeal to her, she said. And a transfer to another country was almost impossible to obtain, she said, because so many military bases were closing.

"I thought I had some experience as an administrator," she said, adding she wanted to return to public schools. So, she returned to the United States, moved to Collinsville and accepted a position as principal of Madison High School.

During her career in education, Wesson said, she worked at the local and state levels, as well as overseas.

From her experiences in education, she shared some advice: "I think that all students can learn and can be successful if encouraged — and expected to (succeed)."

Wesson plans to continue working in education part time. Madison District 12 officials have yet to name her replacement.

— Rose Wesson  
Retiring Madison principal

## •Chase

(Continued from Page 1A)

Dye's eastbound vehicle struck a curb on the south side of the road before veering into the westbound lane where it sideswiped a pickup. After the crash, Dye's vehicle crossed back to the south side of the roadway where it stopped among trees, south of the street.

Preliminary tests indicated the presence of marijuana in Dye's system, and his blood alcohol level was .256, more than twice the legal limit for intoxication of .10.

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P215/60R-14	\$62.00
P235/60R-14	\$68.00
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# NEWS

## Free motorcycle courses to be offered this weekend at SIUE

Free motorcycle courses will be offered at Southern Illinois University at Edwardsville beginning June 13. Course 19 is Friday, June 13, from 8-9:30 p.m.; Saturday and Sunday, June 14-15, from 8 a.m. to 6 p.m. Motorcycles, helmets and insurance are

provided free. Students enrolling must be 16 years of age. Students must also be Illinois residents and possess a valid driver's license or permit. Sixteen- and 17-year-olds can use this course to obtain a Class M license. For those people 18 years old and older, the course will waive

the Driver Services Facility's riding test for obtaining a motorcycle license.

For registration or further information on the Motorcycle Rider Program, contact Southern Illinois University at Carbondale toll free at 1-800-642-9589.

## Sheet music collectors' show set

A sheet music collectors' show will be held from 9 a.m. to 2 p.m. Saturday, June 14, at the Collinsville Inn, Interstate 55/70 at Illinois 57.

The collectors' show is open to anyone interested in buying, selling or trading all types of popular sheet music and books. It is an opportunity for individuals to locate certain songs they have been seeking and visit with music collectors from across the United States.

Table rental is available for those wishing to sell music. Admission is free. For more information, call (314)268-1033 (days) or 377-6379 (evenings and weekends).

## TIC-TOC SHOP \$800,000 CLOCK & CURIO CABINET SALE!!!

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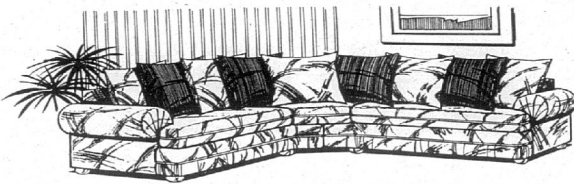
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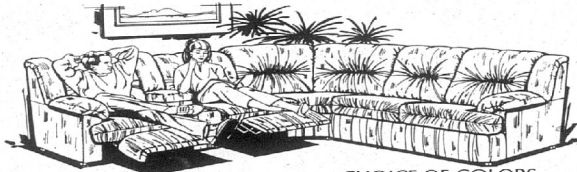
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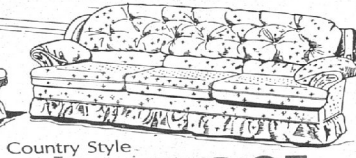


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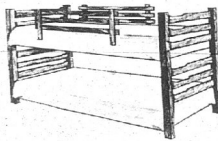
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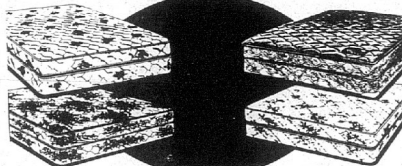


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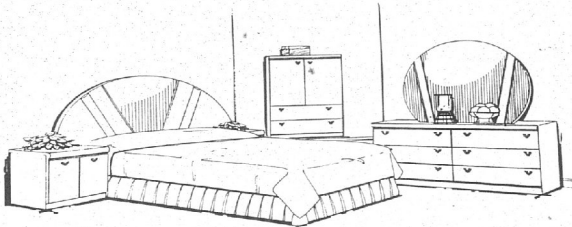
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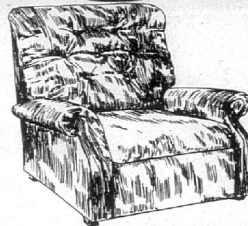
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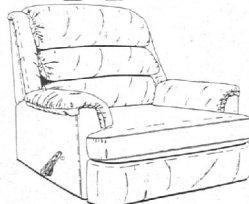
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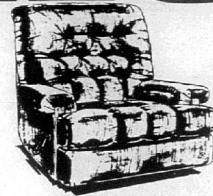
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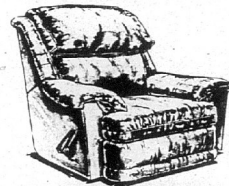
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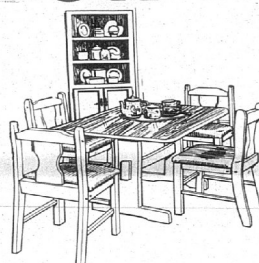
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FAIRV



June 11, 1997—Granite City Journal—Page 1B

Pat  
HestonGCHS season  
nets many  
memories

Granite City soccer coach Gene Baker's comment following his girls soccer team's 3-1 loss to Palatine Friday evening was that a true barometer of a team is not their final game.

He is right on target. The Lady Warriors were 22-3-1, the best record of any girls team in Baker's 10 years at the helm. And this was Baker's best team.

Here are my picks for the best from the 1997 season. Best shot: Jaime Dellbringe against Kansas City St. Thomas Aquinas, Saturday, April 26. After a scoreless first half against the undefeated, four-time defending state champions from Kansas, Dellbringe got the Lady Warriors on the scoreboard just 34 seconds into the second half.

The senior midfielder took a direct free kick from Roxie Simpson, was beaten by a defender, but slid for the ball and shot in the same motion from 20 yards, blasting it by a stunned goalie.

Best assist: Simpson to Dellbringe against Quincy Notre Dame in the Illinois High School Association super-sectional.

This was not only the prettiest pass of the season, but it was the most meaningful, as it set up the winning goal in the game that sent the Lady Warriors to state.

With the score knotted 1-1, and less than 12 minutes left in regulation, Dellbringe took Simpson's perfectly placed crossing pass off a corner kick and headed into the goal.

Best save: Julia Murphy against Amanda Kirksey of Collinsville in the sectional semifinals.

The Kahoks rebounded from a pair of drubbings by the Lady Warriors to take this crucial contest through two overtime periods and into a penalty kick session. With GCHS up 2-1 in PKs, Murphy replaced Shannon Roth in goal. When the whistle blew, Murphy charged a stunned Kirksey who froze momentarily, then tried to sneak one by the Granite keeper. But Murphy dove to her right to smother the attempt, putting the win on ice.

Best defensive performance: Michelle Montgomery shutting down Collinsville's Tasha Siegel, Tuesday, May 13.

Siegel, one of the most prolific scorers in southern Illinois, was completely stonewalled by the GCHS senior defender in a key conference game late in the year. Even Kahoks coach Deana Wallace admitted that Montgomery's defense was the difference in the game as the Lady Warriors won 4-0, sweeping the regular season series against Collinsville.

Best offensive performance: Crystal Timmons against O'Fallon in the sectional championship game.

This category was nearly impossible to pick since the Lady Warriors had such a well-balanced offensive attack all season long. But considering the quality of competition and the significance of the game, Timmons' five-point night may have been the year's best.

(See PAT, Page 2B)

## GC looks to future as Saints take title

## Honors piling up for GCHS squad

By Patrick C. Heston  
Staff writer

The Granite City Lady Warriors completed their winningest soccer season in school history, finishing the year with a record of 22-3-1, including a record 12 wins in a row and an appearance in the quarterfinals of the state tournament.

Although the GCHS success this year was a definite team effort, with nine players recording at least 13 points and with 22 different players scoring at least one point, postseason honors are now rolling in for individual Lady Warriors. And deservedly so.



Montgomery Mohsen



Simpson Dellbringe

Ismahan Mohsen was named honorable mention all-Southwestern Conference. The junior forward-midfielder was third on the team in total points and tied for second in goals scored, combining 10 goals and five assists for 25 points. Mohsen's speed and intensity drove the Lady Warriors all season long.

Second team all-SWC honors went to defenders Amanda Nizinski and Roxie Simpson. Nizinski, a senior, came up big repeatedly and was a major reason the Lady Warriors allowed an average of only .54 goals per game going into the state quarterfinals. Her defensive play at the right goal post on Quincy Notre Dame corner kick that got past Shannon Roth in a close super-sectional contest may have been the biggest defensive play of the season for the Lady Warriors.

Simpson, also a senior, was not only rock-solid defensively but scored seven goals and dished out four assists, making her the seventh leading point scorer (18) on the squad.

SWC first team selections were defenders Connie Meyers and Crystal Timmons and keeper Shannon Roth. Meyers' strong foot made her dangerous from long range, and she was, for that reason, tabbed by coach Gene Baker as the player taking almost all direct free kicks from any significant distance.

Timmons, who was a strong defender both physically and

(See HONORS, Page 3B)



Amanda Nizinski will be among the players the Granite City girls soccer squad will lose to graduation.

Lady Warriors  
losing several  
key playersBy Patrick C. Heston  
Staff writer

Aside from having the two best girls soccer teams in the St. Louis area this season, Granite City and Incarnate Word share something else in common. They both lost early in state tournament play to teams they should have beaten.

The Red Knights, the defending Missouri state champions and the top ranked team in the area, coaches' poll, were stunned by St. Joseph's Academy 1-0 in the sectional championship game. Incarnate Word, which had reached the final four round in each of the last nine years, finished 30-2-0 on the year.

The Lady Warriors lost their first game against an Illinois opponent on Friday, falling to Palatine 3-1 in the state quarterfinals. GCHS was coming off a third-place finish a year ago and had their sights set on a semifinal match-up with powerful St. Charles and a possible state title on Saturday night.

But it was not to be, as Granite played its worst game of the season, losing to a team that on almost any other night they would have beaten.

The loss by the Lady Warriors meant that only one of

(See WRAP, Page 3B)

## Mistaken identity?

Maroons, Edwardsville reverse  
current trends, advance to title game

## BASEBALL

By Brian Bretsch  
Staff writer

There was something wrong with the picture during the Edwardsville Class AA Sectional semifinals Saturday. Belleville West topped Marion 10-0 in a five-inning contest in the opening game, while Edwardsville struggled to a 5-2 victory over Highland in the second game.

With the way the Maroons have struggled to score runs recently and the way the Tigers have poured it on, it looked as though West and Edwardsville had exchanged uniforms.

Nonetheless, the Maroons (22-11) faced Edwardsville (35-3) for the sectional championship Monday afternoon at Edwardsville.

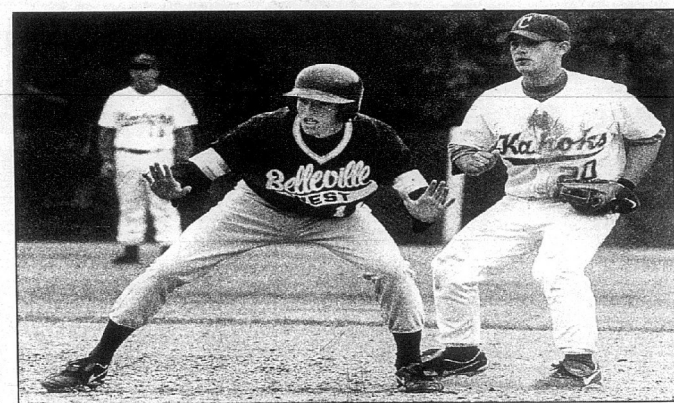
After 4½ innings of scoreless baseball in the first game,

Matt Barriger got things started for West with a soft liner in the hole between short and third with one out in the fifth. That opened the flood gates for the Maroons, who sent 12 batters to the plate and exploded for 10 runs on the frame.

Leadoff hitter Bryan Swift had two doubles and drove in the Maroons' first and last two runs of the inning. "You need somebody to start it off and you need somebody to pick them up," West coach Chuck Hasenstab said. "We have been doing that this last week. We have been picking people up and that is the most important thing. When one guy fails, the other guy comes in and picks them up. Today everybody was swinging the bat well."

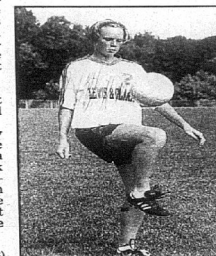
Barriger scored West's final run on Swift's hit when the Marion center fielder tried gunning down Barriger at third. The ball skipped past

(See ADVANCE, Page 2B)



(Staff photo by JOHN SWISTAK JR.)

Collinsville's Dan Munoz holds Belleville West's Travis Jones on base.



## Dowdy to attend St. Louis U.

Former GCHS standout moving on after 2 years at Lewis &amp; Clark

Staci Dowdy, the nation's top junior college player in 1996, will attend St. Louis University next fall.

Dowdy, a former standout at Last year, Staci Dowdy had 28 goals and had 22 assists and was named the National Soccer Coaches Association of America Junior College Player of the Year.

Granite City High, played for Lewis & Clark Community College in Alton the past two seasons. Last fall she pumped in 28 goals and had 22 assists and was named the National Soccer Coaches Association of America Junior College Player of the Year.

Billkens coach Tim Champion made the announcement Monday afternoon that Dowdy had signed her national letter of intent. She has two years of eligibility remaining. She plans

"Her offensive skills and experience fill a need on our squad. She can raise the playing level of her teammates with both of those attributes."

— Tim Champion  
SLU coach

to major in elementary education. "Obviously, we are excited about having Staci in our

lineup," Champion said. "Her offensive skills and experience fill a need on our squad. She

(See DOWDY, Page 3B)

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# SPORTS

## •Wrap

(Continued from Page 18)

last season's final four teams, St. Charles, survived quarterfinal action at Naperville Central High School.

In Saturday's first semifinal match, LaGrange Lyons shocked unbeaten Winnetka New Trier 3-2. The Trevians had been only a tie short of perfection on the year, playing Libertyville to a 2-2 stand-off before winning their last 13 games. But Lyons, which had

looked Friday like the weakest of the final four teams, was much stronger on Saturday.

The Lyons (20-3-0) advanced to the title tilt, while the Trevians (25-1-1) settled for a date in the third-place game. It was the first trip to the final four for either team.

St. Charles, which had smoked Libertyville 2-0 in Friday's last quarterfinal game, did the same to Palatine on Saturday, totally dominating the Pirates in every phase of the game. Palatine fell

to 20-7-1 and finished the day with a loss to New Trier in the consolation contest.

The Fighting Saints (25-0-2) reached the final game for the second successive season. They drubbed Orland Park Sandburg 3-1 last year to cap a near-perfect 29-1-0 campaign.

The championship clash was simply no contest. As expected, St. Charles rolled to an easy 4-0 victory, becoming the first girls team to win back-to-back state titles and only the second to finish a season without a defeat. The Fighting Saints had gone 27-0-1 to win the 1994 crown.

The title was the fifth overall for St. Charles (1960-92-94-96-97).

who also grabbed state championships this year in boys soccer, girls swimming and diving, and boys swimming and diving. In all, the Fighting Saints tied or set at least 10 state tournament records over the weekend.

St. Charles out-scored 28 opponents 133-4, posting 24 shutouts in the process. All-state goal keeper Laura Rowland finished her senior season with a 0.16 goals-against average. And all-state forward Laurie Seidl scored more than 50 points to finish her illustrious career.

Coach Joe Moreau, in only his third year at the helm, finished third in 1996 before the consecutive titles. His teams have a two-

year run of 54-1-2, a three-year mark of 76-3-8.

Granite City completes its 1997 campaign with a record of 22-3-1, having made their fifth trip to state in the 1990s.

The Lady Warriors will return a strong contingent of young athletes for next season, but must bid farewell to the heart of their line-up. Senior defenders Amanda Nizinski, Crystal Timmons, Michelle Montgomery, Connie Meyers and Roxie Simpson; mid-fielder Jaime Dellbringe; as well as Carrie Simpson and Jamie Hendrickson, close out their careers.

## Journal Writers' Poll Baseball

### LARGE SCHOOLS

1. Edwardsville (35-3).....70
2. Francis Howell (22-10).....63
3. Parkway North (19-6).....47
4. Belleville East (25-9).....42
5. SLUH (14-9).....35
6. Francis Howell N. (21-5).....32
7. (tie) Parkway West (17-15).....30
7. (tie) Belleville W. (22-11).....30
9. Fox (18-8).....12
10. Oakville (17-7-1).....11

Also receiving votes: McCluer, Hillsboro, Northwest, Pattonville, Ft. Zumwalt South and Wentzville.

### SMALL SCHOOLS

1. Eureka (18-5).....65
2. Windsor (20-5).....62
3. (tie) Gibault (25-9).....54
3. (tie) St. Charles (16-8).....54
5. St. Mary's (19-3).....44
6. Westlin (26-4).....33
7. John Burroughs (13-1).....27
8. (tie) Crystal City (17-7).....17
8. (tie) Lutheran South (19-7).....17
10. Valley Park (18-5).....7

Also receiving votes: Rosary and Affton.

## Journal Writers' Poll Girls Soccer

### GIRLS SOCCER

1. Lafayette (21-3-4).....70
2. Francis Howell North (22-6-1).....54
3. Visitation (17-9).....52
4. St. Joseph's (21-5-1).....51
5. Granite City (22-3-1).....46
6. Incarnate Word (30-1-1).....42
7. Notre Dame (18-8-2).....22
8. Cor Jesu (14-6-3).....13
10. St. Charles West (19-6-2).....7

Also receiving votes: McCluer North, Menhville.

## •Dowdy

(Continued from Page 18)

can raise the playing level of her teammates with both of those attributes. Staci fits into our program both character-wise and athletically."

Dowdy is the fifth player to sign with the Billikens.

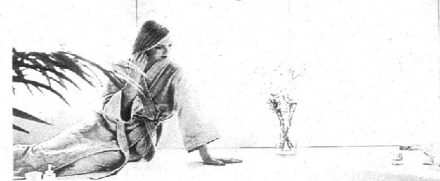
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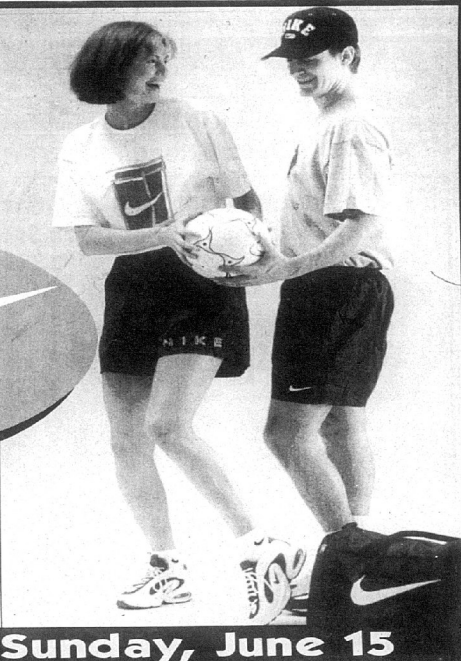
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Memorial's W Clinic special chronic, non-significant he

Among the m in the Wound Clinic are:

- Venous S the vein
- Diabetic nerve da by diabe
- Leg Ulcer causing



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## Sometimes time doesn't heal all wounds. . . Memorial's Wound Care and Limb Preservation Clinic can help.

Memorial's Wound Care and Limb Preservation Clinic specializes in caring for people with chronic, non-healing wounds of the legs - a significant health problem in the United States.

Among the most common problems treated in the Wound Care and Limb Preservation Clinic are:

- Venous Stasis Ulcers - from weakness in the vein walls on the lower leg.
- Diabetic Ulcers - from poor blood flow and nerve damage in the legs and feet caused by diabetes.
- Leg Ulcer - from narrowing of the arteries causing reduced blood flow in legs.

### Services offered

The Wound Care and Limb Preservation Clinic team is specially trained in:

- Wound Evaluation
- Wound Treatment
- Education and Prevention

Vascular and plastic surgeons evaluate your wound and formulate an individualized treatment plan. Other physician specialists are consulted as necessary. Fees are charged according to the extent of services received.

### For an appointment

Call Memorial's Marsh Cardiovascular Unit at (618) 257-5036. The Wound Care and Limb Preservation Clinic is held on Tuesdays from 8 a.m. to noon in Memorial's Physical Therapy Department.



**MEMORIAL HOSPITAL**  
4500 Memorial Drive  
Belleville, Illinois 62226

## MOVIES

Film timetable for Wednesday, June 11. For times on other days or to confirm these times, check local theaters.

**CARMIKE PETITE**  
1-70 and Hwy. 157, Collinsville, Ill.  
344-1708  
Con Air (R) 1:10, 3:30, 7:10, 9:30  
Buddy (PG) 1:00, 3:00, 5:00, 7:00, 9:00  
Lost World (PG-13) 1:00, 3:45, 7:00, 9:45  
Father's Day (PG-13) 1:15, 3:30, 7:15, 9:30

**EASTGATE CINE**  
Eastgate Plaza, E. Alton, Ill. 254-5289  
Gone With the Wind (PG) 5:15, 7:30  
Lost World (PG-13) 3:45, 6:45  
Lost World (PG-13) 4:15, 7:15  
Con Air (R) 4:00, 7:00  
Trial & Error (PG-13) 4:30, 7:00  
Austin Powers (PG-13) 5:30, 7:45

**COTTONWOOD EDWARDSVILLE CINEMA**  
Edwardsville  
Con Air (R) 4:15, 7:15, 10:00  
Gone With the Wind (PG) 5:15, 7:30, 9:40  
Lost World (PG-13) 3:45, 6:45, 9:45

**NAMEOKI CINEMA**  
30 Nameoki Village, 877-6630  
The Fifth Element (PG-13) 6:45  
Anaconda (PG-13) 7:15

**ST. CLAIR 10**  
50 Ludwig Drive, 388-8383  
Breakdown (R) 12:05, 2:00, 4:15, 7:15, 9:30  
Con Air (R) 12:00, 3:00, 6:00, 9:00  
Con Air (R) 1:00, 4:00, 7:00, 10:00  
Con Air (R) 2:00, 5:00, 8:00  
Father's Day (PG-13) 12:15, 2:30, 4:45, 7:20, 9:40  
Romy & Michelle's Reunion (R) 12:45, 2:50, 5:20, 7:45, 9:50  
Anaconda (PG-13) 1:15, 3:15, 5:30, 8:15  
Devil's Own (R) 1:25, 4:10, 7:05, 9:35  
Sprung (R) 12:30, 2:45, 5:30, 7:40, 9:50

## THINK ABOUT OUR FUTURE ENVIRONMENT RECYCLE NOW

### Grand Opening!

A New Experience in  
Fitness and Weight Lifting

**Trojan's Gym • 1816 State Street • 451-9813**  
\$30 - Month \$35 - 3 Months \$100 - 6 Months \$180 - Year



First Assembly of God in Granite City celebrates 78 years in the ministry serving people in the church as well as the community. We are happy to announce Darrin and Amy Hughes as the new senior pastoral family. They come to us from Naperville, Illinois. They have four children, Hunter, Tanner, Summer, and Tessa. Come join us and meet our new pastor!

### Service times are:

Sunday School 8:30 am - 10:30 am  
Sunday Morning Worship 10:30 am  
Sunday Evening Worship 6:30 pm  
Wednesday Evening Activities 7:00 pm

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**"You Talkin' To Me?"**  
Yes We Are!  
The Vipers face the Rhinos at Kiel Center on Friday,  
June 13. Be Aware: You may witness an actual  
**VIPERS**  
**VS. SAN JOSE**  
**FACE OFF 7:35pm**  
**WILL FRIDAY 13 CHANGE YOUR LUCK?**  
**2 people will be selected**  
**to shoot and win**  
**KIX 106.5 \$100,000 KIX 106.5**  
DON'T MISS THE HISS.  
CALL 530-1967

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Lawn Food  
For new and  
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All  
2-Gallon  
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Roses  
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**SAVE 40%**  
All Silk  
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Includes bushes,  
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**Flowering Annuals**

The fastest way to add instant beauty to your landscape. Large plants in 6" pots. Varieties for sun and shade. Reg. \$2.99 ea.

**Landscape Size! Instant Color!**



Hours: Monday thru Friday 9am to 9pm, Saturday 8am to 9pm, Sunday 9am to 7pm  
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Sale ends 6-17-97

**YOU CAN MAKE A DIFFERENCE!**  
Become a Foster Parent  
Make the world a better place... one child at a time!  
For more information call  
**Central Baptist Family Services**  
**345-9644**

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When Dad comes to Applebee's with the kids on June 15, he can enjoy his favorite entrée absolutely free.

Whatever Dad chooses, it's free. So make plans to bring Dad for Father's Day.



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1/2 mi. north of New Florissant Rd.  
**RICHMOND HTS.**  
Clayton Rd. at Big Bend Blvd.  
**ST. CHARLES**  
1-70 & Zumbach Rd.  
Regency Square Mall

## NEWS

### Children's programs set

Children can punt and pass like the pros, explore a future career, perform scientific experiments with supermarket products, and live the life of a pioneer, all in the classroom this summer in the College for Kids program at Belleville Area College's Granite City Campus.

This summer educational enrichment program offers unique and challenging workshops for children from kindergarten through the eighth grade. In recent summers, more than 600 children have participated in the program.

Programs are offered at all three BAC campuses starting June 16. Altogether, there are more than 75 different workshops ranging from Windows to watercolor painting.

The workshops are open to all children ranging in age from kindergarten to eighth grade. The classes range in price from \$19 to \$55. College for Kids T-shirts are available for \$6.

For more information about College for Kids, call Joyce Nyrger, GCC Community Services coordinator at 931-0600 or toll-free in Illinois at 1-800-BAC-9131, ext. 441 or 442.

## BULLETIN BOARD

**ANNUAL PORCH SALE**  
June 13th & 14th  
**PARENT TEACHER TOOLS**  
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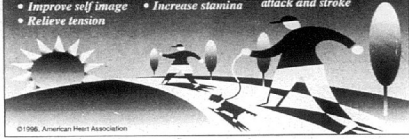
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### Benefits of Walking

A regular walking program can:

- Increase energy
- Improve self image
- Relieve tension
- Tone muscles
- Increase stamina
- Reduce risk for heart attack and stroke

American Heart Association  
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## St. Elizabeth ANNUAL PARISH PICNIC

**JUNE 13 • 14 • 15**

2300 Pontoon Road, Granite City • (618) 931-2916

CARNIVAL RIDES • BINGO • RAFFLES • KIDS GAMES • ADULT GAMES

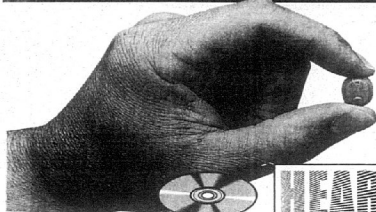
ALL WEEKEND WRISTBAND.....	Pre-Sale \$30.00
SINGLE SESSION WRISTBAND.....	At Picnic \$35.00
	Pre-Sale \$10.00
	At Picnic \$12.00
SINGLE RIDE PRICE.....	\$1.25
Pre-Sales must be purchased by Noon, June 13th, at Parish Office	
WRISTBAND RIDE PERIODS SAT. 12-5, SUN. 12-5 AND SUN 6-10	

**FISH FRY:** Friday 4:00 to 7:00 PM  
**PIGS IN THE BLANKET:** Saturday 4:00 to 7:00 PM  
**CHICKEN DINNER:** Sunday 12:00 to 6:00 PM

**MUSIC**  
FRIDAY: 7:00 to Midnight (DIXIE EXPRESS)  
SATURDAY 7:00 to Midnight G.T.O. (Good Time Oldies)  
50's & 60's Showband  
SUNDAY: 12:30-4:30 PM J.J. POLKA BAND  
SUNDAY: 6-10 PM SH BOOM 50's & 60's SHOWBAND

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The new **SENSE** digital hearing aid.  
It's like nothing you've ever heard before.



The World's Smallest  
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**DIGITAL HEARING AID**  
"The hearing aid with a brain."

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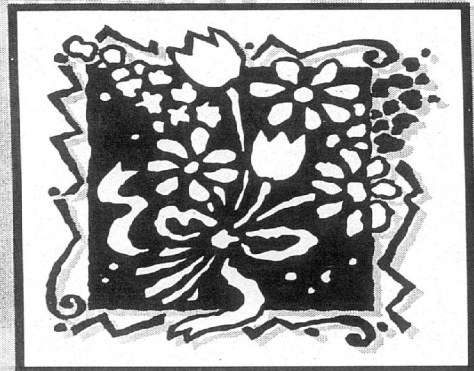
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# Granite City women find senior program worthwhile

Joanne Malcor and June Stucke have at least three things in common.

Both women are Granite City residents, both work at the Madison County office of Belleville Area College's Programs and Services for Older Persons, located at BAC's Granite City Campus, 4950 Maryville Rd., and both are Senior Aides.

However, Malcor and Stucke will remind you that they work for separate PSOP programs. Malcor works for the Senior Companion program while Stucke serves as Madison

County coordinator for the Senior AIDES program.

Senior Companions may spend up to five days a week in the homes of clients, providing encouragement and friendship as well as for their caregivers. Senior Companions earn a modest stipend.

Malcor performs a wide array of duties for the Senior Companion program, including record keeping, typing and arranging for substitute companions on the few occasions that it is necessary.

"It's challenging. It's diversified," Malcor said of her

duties. She has high praise for those who serve as senior companions.

"I admire them that they want to be a companion to an elderly person," Malcor said. "It isn't easy. A lot of them go above and beyond the call of duty."

Currently in Madison County, there are 65 clients being served by 35 companions.

"My job is to recruit, place and monitor" Senior Aides, Stucke said.

Senior Aides must be at least 55 years old and must meet

certain financial guidelines. Stucke said. Senior Aides work 20 hours per week in non-profit agencies, earning minimum wage.

As mandated by the national Senior AIDES office in Silver Springs, Md., Senior Aides must change jobs every two years. The program's primary focus is to train and empower Senior AIDES as a stepping stone to private employment.

Locally, there are 16 non-profit agencies employing Senior Aides, including the Arch House, an alcohol reha-

ilitation center in Granite City; Cahokia Mounds in Collinsville and area school districts, Stucke said. Currently, 31 aides are placed throughout the county but additional positions are available.

"People are needed who are capable of doing some lifting and people who can type," Stucke said.

For more information on what PSOP programs are available to Madison County residents, call the PSOP Madison County office at 931-7018 or 931-7041.

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**THE FIFTH ELEMENT** PG-13 6:45

**ANACONDA** PG-13 7:15

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**VOLCANO**  
TOMMY LEE JONES PG-13  
DAILY 6:45, 9:00  
SAT/SUN MAT 2:00

**STARTS FRIDAY!**  
**FATHER'S DAY**  
ROBIN WILLIAMS PG-13  
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SAT/SUN MAT 2:15

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## NEWS

## Granite City class reunion scheduled for Aug. 16

The Granite City High School class of 1967 is holding its 30-year reunion Saturday, Aug. 16, at Sunset Hills Country Club in Edwardsville.

If anyone has not received their information, please call Pat Early at 656-0367 or Mary Myers Groshong at 876-6704. Help is needed in locating

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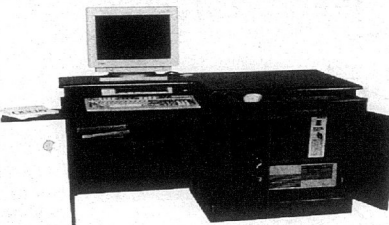


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# AUTOMOTIVE

## Concept cars may reveal Chrysler's future

By Tom Strongman

WILLOW SPRINGS, CALIF. — Lined up on the tarmac at the Willow Springs Raceway, the Copper Fire Orange paint of the Dodge Copperhead glitters like mica.

This one-off, hand-built concept car — along with the Chrysler Phaeton, Plymouth Pronto, Jeep Dakar and Jeep Icon — is about to be poked, prodded and driven by a handful of journalists. Ego.

These five were introduced in January at the Detroit auto show, and while concept cars generally spend their lives seated proudly atop the display stands of auto shows, Chrysler likes to build working vehicles.

To underscore that point Chrysler officials invited a few of us to slip behind the wheels of these priceless vehicles to get a feel for what they are like in a real-world environment. Will any of them ever be built? Chrysler isn't saying, but some are more feasible than others.

Gently, gently, one by one, we pilot the Copperhead, Phaeton and Pronto around a small section of the Willow Springs track at 25 to 30 mph. We get to drive the Dakar on a gravel off-road section. The Icon, here only for static display, is the only one that is not a working prototype.

With proportions similar to the Plymouth Prowler, the Dodge Copperhead is billed as an affordable alternative to the Viper, a simple sports car in the tradition of an Austin-Healey. It is powered by a dual-overhead-cam version of the new 2.7-liter V-6 that will be used in the upcoming Concordo and Intrepid.

Horsepower is estimated at 220, and it has a five-speed manual transmission. Its throaty V-6 felt reasonably powerful even though we did not shift out of second gear.

Aesthetically, it is breathtaking. It has more bulges than a body builder on steroids. On the move, its throaty exhaust lets you know it is anxious to see the open road. But restraint is the order of the day, so we limit ourselves to second gear, easing through the turns like we were driving on eggshells. Its essence shines through, however, even at slow speeds. This would be a worthy successor to the Viper.

The snake theme is pervasive. The leather seats have a snakeskin pattern, as do the tire treads, and even the shape of the instrument panel resembles the head of a copperhead snake.

The Jeep Dakar is an example of what a four-door Wrangler would be like. It has a 15-inch-long sun roof. The spare tire is clamped to the roof rack in a special sliding mount for easy removal. Inside, wood trim, woven leather seats and Berber carpeting give it a civilized feeling. The back seat is big enough to accommodate adults.

The show car has built-in jerry cans, for holding liquids; folding shelves integrated in the front fenders; and an "adventure module" in the back door that holds a night vision scope, binoculars, flashlight and compass.



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It rides better than a standard Wrangler because of the longer wheelbase, but otherwise felt much the same.

The Plymouth Pronto reflects what a small sedan of the future could be like — sort of a Neon for the next millennium, if you will. Tall and roomy, with a versatile interior, it looks like a cross between a sedan, minivan and sport-utility. Slide back the cloth sun roof and it feels almost like a convertible. Considering the 101-inch wheelbase, it has a lot of interior space.

A key to the Pronto is an exterior made of plastic panels with the color molded in. Its face borrows design cues from the Prowler, while the front-wheel-drive powertrain is from Neon.

The Chrysler Phaeton reflects what Chrysler calls "heritage design" because it was inspired by the dual-cowl, 1940 Chrysler Newport parade car. It has a retractable hardtop that turns it into an

imposing four-door convertible. The twin wind-screens, polished Zebano wood and satin metal detailing give it a distinctly nautical feel.

Powered by a 5.4-liter, experimental aluminum V-12 engine, the Phaeton has an imposing presence in motion. We had to drive it most carefully, but the slow pace seemed fitting. Under way, it was the essence of elegance and luxury. It brought to mind images of long gowns, luxuries and crystal stemware. Heads of state would be right at home.

I would guess the Phaeton was the most improbable, but it is a delicious vehicle that captures the glory of motoring in the 1930s.

The Jeep Icon was immensely interesting as a study in how the Wrangler might evolve past the year 2000. Although it did not run, close inspection revealed a number of innovative ideas. The 2.4-liter, dual-overhead-cam engine was mounted backward, with the clutch at the front of the vehicle.

Suspension travel was 10 inches, wheels were 19-inches, and overall length was 5 inches less than the standard Wrangler.

The seats had exposed metal frames like a backpack, and the floor was covered with textured rubber so the vehicle could be hosed out.

Whether any of these projects actually comes to fruition remains uncertain, but it is clear they portend vehicles of tomorrow. With the exception of the Phaeton, they all seem reasonably feasible, which means they are more than just blue-sky dream machines.

Stay tuned.

## 'Cheap' cars have evolved since days of the Model T

By Rick Stoff

The best yardstick by which to measure the onward march of automobile technology may not be the exotically equipped, outrageously priced luxury or supercars at the top of the hill.

Instead, it may be the humble, basic machines driven by those of us who make up the bottom-feeding masses.

Comparing the "cheap cars" of yesterday and today, two facts become immediately obvious. First, the ventilation systems work a lot better since the air conditioners were added. Second, the wind noise has decreased considerably, especially since they started building the cheap cars with roofs on them.

My driveway has been home to a number of cheap cars, most of them arriving after more than adequate break-in time by original — sometimes secondary and tertiary — owners. That experience began with a 1961 Ford Falcon, a car designed long after the mold of cheap cars was established by the Model T Ford.

Seventy years ago, the Model T was fading into the sunset. Production ended in May of 1927. The cheapest Model T available in 1927 was the two-passenger runabout with a sticker price of \$360. It carried a four-cylinder, 177-cubic-inch engine with 20 horsepower. Total weight was 1,655 pounds.

The 1961 Ford Falcon was a stylish small car that could cost as little as \$1,912. Thanks to better engineering and gasoline, its 144-cubic-inch engine produced 85 horsepower. Purchased when about 20 years old, the Falcon was pleasant to drive but apparently didn't go fast enough to create memorable wind noise.

That problem was solved by the 1980s, when Ford made a historic mark on the small-car market with the infamous Pinto. Equipped with another 140-cubic-inch engine at the beginning of the anti-smog age, this circa 1978 small car cost around \$3,000 and actually got passed by semi-trucks on uphill climbs. Vehicle speed could be judged by the sound of the wind whistling through the door seals.

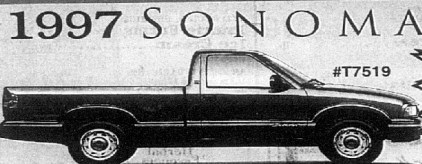
The latest evolution of the cheap little car from Ford, the Escort ZX2 with a 122-cubic-inch, 16-valve engine, starts at \$12,580. (Cheap by comparison to the average new-car price that is now something over \$20,000.)

The ZX2 is a testament to the blessings computer design and robot welders have brought to automobiles. The most noticeable features of this modern-day cheap car are those that it does not offer — vibrations, rattles and wind noise.

"Cheap" today also includes dual air bags, a four-speaker stereo and power steering. An air conditioner is a \$795 option. If you miss the wind noise, crank down the windows.

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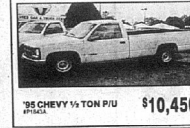
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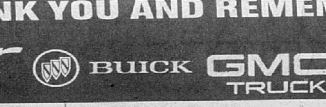
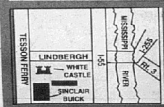
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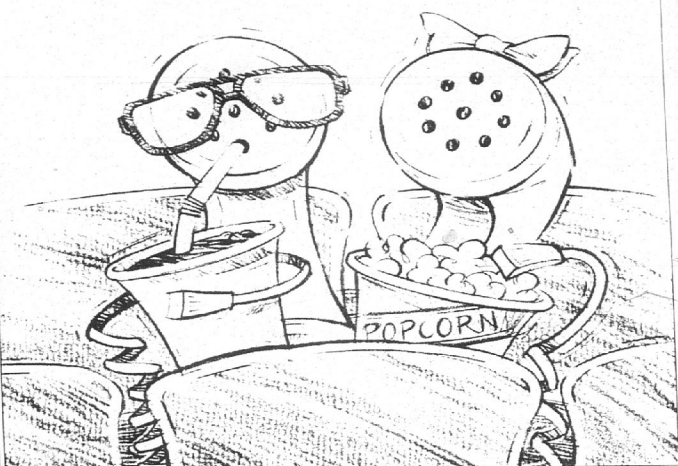
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St. Louis, MO 63017  
Attn: Human Resources  
Fax 314-683-3449  
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# Today's Food

Wednesday, June 11, 1997

## Food & Nutrition

### Wise Ways

Flash grilled food on a stick for instant appreciation.  
**INSIDE**

### Heart-y Bites

Handy foods satisfy hunger and give healthy edge when when someone cries, "There's nothing to eat around here!"  
**INSIDE**

### Blue Ribbon Cook

Spaghetti, shrimp shuffle onto table as winning duet.  
**INSIDE**

### Hometown Test Run

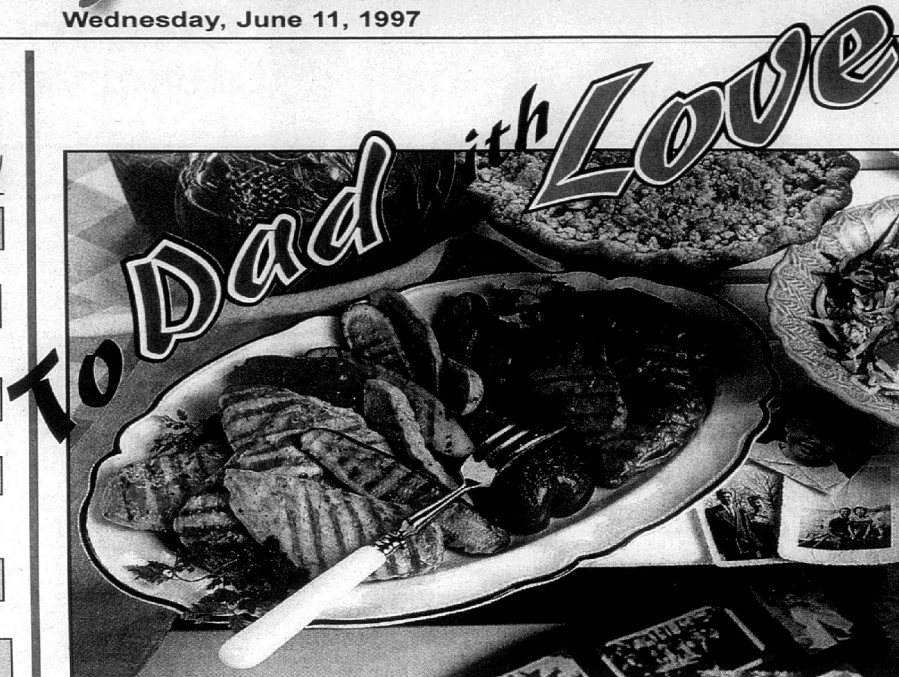
Seasoned meat is ready to heat and sizzle on tacos and other Mexican-inspired dishes. Does it compare to what you prepare yourself?  
**INSIDE**

### Micro Raves

Dairy products give dessert a sweet and healthy outlook.  
**INSIDE**

### Lively Taste

For a smoky taste on kabobs, combine 1/3 cup smoky barbecue sauce, 1/3 cup orange marmalade and 1 tablespoon prepared horseradish. Toss half the mixture with about 8 ounces pork tenderloin, cut in 3/4-inch cubes. Other meats or seafood can be used. Marinate, covered, in refrigerator 30 minutes. Thread meat on skewers. Place on rack over medium-hot coals. Brush with fresh marinade. Grill 10 to 12 minutes, turning frequently. Makes 2 servings.



By Janice Denham  
Staff writer

If dad gets teary-eyed on Father's Day, it probably will be from the smoke on the patio, because many, many families celebrate the day over a meal of grilled meat, salads, pie and brownies.

Sport shirts, ties, IOUs for a car wash or tickets for a ballgame may be handed over to him with a card, but the event holds a summer scent with the aroma of food browned on a grill permeating the neighborhood. Generations will look forward to adding to a collection of photos taken on Father's Day, so add a disposable camera to the gift.

For a summery drink, serve **Fruit Twist Lemonade**, a sparkling, fruity lemonade that quenches the thirst of those who celebrate over a game of checkers or baseball, "Go Fish" or croquet.

In a large pitcher, stir together 8 cups water, 1 can (12 ounces) frozen fruit juice cocktail concentrate (thawed), 1 cup bottled lemon juice and 1/2 cup sugar until sugar is dissolved. Cover and chill. Serve over ice.

Recipes for grilled chicken are easy to double or even triple, particularly when marinated. To tote to a park grill for a family picnic, be sure to keep the meat on ice.

Bring extra tongs and a clean serving plate and fork, so fresh equipment can be used for the finished food.

Load picnic chicken with appealing flavor. One pound boneless chicken makes about 4 servings.

For **Italian-Marinated Chicken**, combine 1/4 cup olive or vegetable oil, 1/4 cup grated parmesan cheese, 1/4 cup bottled lemon juice, 2 tablespoons Dijon mustard and 1 teaspoon leaf oregano. Marinate 1 pound skinless, boneless chicken breast halves in this mixture 4 hours or overnight. Discard marinade before grilling or broiling chicken.

For **Sweet and Spicy Chicken**, use a mixture of 1/2 cup apricot or peach preserves, 1/4 cup hickory-flavored barbecue sauce and 3 tablespoons bottled lemon juice to baste 1 pound skinless, boneless chicken breast halves on the grill until done.

Save space on the grill for both vegetables and fruit. Choose vegetables of choice or use handy fruits.

To baste **Fruit Kabobs**, bring 1/4 cup bottled lemon juice, 1/4 cup sugar, 1/4 cup water and 1 tablespoon peeled, chopped ginger root to a boil, stirring to dissolve sugar. Reduce heat and simmer 10 minutes. If not using immediately, cover and refrigerate.

When ready to grill, combine 2 tablespoons glaze mixture with eight (1-1/2-inch) chunks fresh pineapple.

SEE DAD, INSIDE TODAY'S FOOD PAGE 2

## Health & Fitness

### Medicine Chest

"Pelvic inflammatory disease is a serious condition often responsible for infertility. Information which explains this condition, discusses treatment and outlines steps to prevent its spread is available from the American Social Health Association by calling toll-free 1-800-227-8922.

### Fresh Picks

Warm the way to fresh summer salad with a colorful mixture of cucumber, tomatoes and herbs. Combine 1/4 cup oil, 1 teaspoon fresh lemon peel, juice of 1 lemon, 1 tablespoon sugar, 1 tablespoon chopped green onion and 1/2 teaspoon fresh (1/8 teaspoon dried) marjoram or thyme. Stir until sugar dissolves. Stir in 1 large cucumber, sliced, and 12 cherry tomatoes, cut in half. Serve on salad greens. Makes about six 1/2-cup servings; about 105 calories, 10 g fat and 4 mg sodium each.

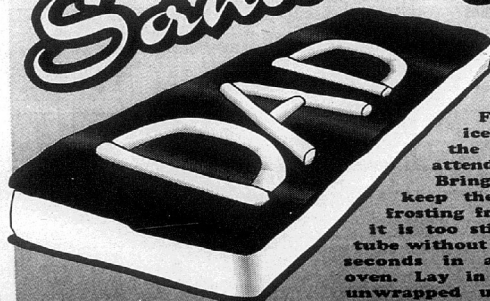
### Big Fat Tip

To vary a family's favorite low-fat salad, add canned or frozen vegetables (about 1/2 cup) for each person. To turn it into a main dish, add about 1/2 cup grilled chicken breast, without skin, cut in thin strips. Note the type and amount of croutons used to keep the salad light.

### Future Shop

Labels on fresh meal products in supermarkets may become bigger than the plate. Not just the dish and plastic cover determine food's freshness, U.S. technology relies on a few standard gas combinations to do this, but demand for meals ready to heat and eat will demand specific requirements for many food combinations awaiting entry into stores. Europe is more experienced than the U.S. in this technology. The United Kingdom recently ruled processors must list on a label which gases are used and in what percentage. The debate here eventually will involve whether numbers can be set that are valuable to consumers and whether the consumer has anything to gain by the extra information.

## Sandwich Labels



Kids can get ready for the family party on Father's Day by writing on ready-made ice cream sandwiches, round or oblong, the names or initials of those who will attend the party.

Bring out the frozen treats one at a time to keep them from melting. Use frosting from a tube. If it is too stiff, warm the tube without the cap a few seconds in a microwave oven. Lay in the freezer unwrapped until frosting becomes solid.

Serve as a snack or dessert.

## Kids' Cuisine

# Today's Food

## Hometown Test Run



Fully-cooked and seasoned, Edmond's beef mix for tacos was this week's Taste Test as nachos.

## Seasoned, cooked meat brings fiesta to table

Tex-Mex food is a way of life for many families. Edmond's beef mix for tacos could help a busy cook get it on the table in record time.

The one-pound mixture of beef, soy and seasonings is available in the frozen food case of some supermarkets for prices ranging from \$1.99 at Shop 'n Save to \$2.69 at Dierberg's.

It received high ratings from many tasters. "The taco meat was tasty," a tester said. "It tastes more like fast food tacos than homemade taco filling, therefore it would be a big hit with my kids."

A lover of spicy foods said, "The taco mix is very flavorful, sufficiently salty and spicy. It has a nice hearty texture. It's not bland at all. It seems to be good value."

Another liked the flavor

of the beef.

"It would save a lot of time when preparing taco salad, burritos or tacos. It had a mild flavor which could be enhanced by those of us who like more punch," a taster said.

Her only criticism was the texture, which she called "too fine." Others were hesitant of the texture when they saw it, but thought it worked well when they tried it.

"The fine, even texture is sure unlike what I fix with chunks of meat and lots of beans, but it resembles the bean-less mixture that goes on Mexican food at fast food places. My family probably would love that," she said. "It won me over for nachos this way over chips with a little cheese and taco sauce. It would be handy when my boys have a party."

She added it would be easy to store frozen for the right occasion. Directions call for an overnight thaw in the refrigerator, then warming on high power of a microwave oven 2 minutes. For the test, the meat was thawed and cooked in a microwave.

"The texture of the Edmonds meat mix was nice and thick," another tester added. "It really wasn't (runny or) greasy, so it was quite enjoyable."

One thought it would be "yummy" on refried beans and chips, with tomatoes, cheese and sour cream.

The first tester said, "Given the appetites of my brood, I think for the price I may not purchase it often for tacos, but for taco salads or nachos as snacks, it would be about the right amount, plus much faster and convenient."

## Micro Raves

By SANDRA HOUNSOM

## Creamy, icy desserts deserve easy cooking

Even the coolest spring bursts with warmth in June, which traditionally is National Dairy Month.

The biggest challenge with milk products during summer is keeping them safely cold. The rule of thumb for summer barbecues and picnics is to keep hot foods hot and cold foods cold in order to avoid food spoilage and possible sickness.

Don't leave dishes with mayonnaise, cream sauce or dairy products at room temperature more than two hours. When the temperature hits 80°, cut that rule in half to just one hour.

The relevance of dairy products in ensuring healthy bones is a perennial consideration. The calcium in milk, cheese and yogurt helps prevent osteoporosis, the disease that causes brittle bones. A minimum of three servings a day is recommended for most adults. More is needed for children, young people and women who are breastfeeding, as well as older women.

Today's cook can look to using dairy products in desserts for wonderful creamy effect, as well as healthy benefits, from a dessert as simple as pudding. Now just before Father's Day is the time to dig out the ice

cream freezer to make homemade ice cream. Conventionally the sugar and milk and/or heavy cream are cooked together before adding the mixture to the freezer. Cooking time is significantly less in a microwave oven.

This lemony treat, from "365 Quick and Easy Microwave Recipes," by Thelma Pressman (Harper & Row Publishers, 1989) is refreshing on a hot day. If Lemon Ice Cream is not the best choice for the occasion, make a chocolate sauce for purchased vanilla ice cream or frozen yogurt.

Home economist Sandra Hounsom specializes in microwave cooking.

duce a spill in the oven. Let cool. Stir in lemon zest and juice. Pour mixture into ice cream maker. Freeze according to manufacturer's directions.

## PERFECT HOT CHOCOLATE SAUCE

- 1 cup sugar
- 1/2 cup half-and-half or light cream
- 4 oz. (4 squares) unsweetened chocolate
- 1/2 cup (1 stick) butter, cut in 8 pieces
- 2 egg yolks
- 1 tsp. vanilla

In 4-cup glass measure or bowl, cook sugar and half-and-half on high power 3 to 4 minutes until sugar dissolves and mixture boils. Stir in chocolate and butter. Cook on high power 1 minute.

In small bowl, whisk egg yolks. Gradually whisk in 1/2 cup hot chocolate mixture. Whisk egg yolk mixture into remaining chocolate mixture. Cook on medium (50 percent) power 2 minutes. Whisk in vanilla.

Serve sauce hot or cold. To reheat, cook on medium 30 seconds.

## LEMONY ICE CREAM

- 1 cup heavy cream
- 1 cup milk
- 1/2 cup sugar
- Grated zest and juice of 2 large lemons

In 2-quart microwave-safe bowl or cup, combine cream, milk and sugar. Stir to blend well. Cook on high power 5 to 7 minutes, stirring twice, until sugar is dissolved and mixture is hot, but not boiling. Watch carefully; boiling may pro-

## Wise Ways

By MARY SCHROEPFER

## Quick pick-up foods kabob-bob-bob along

To satisfy a hungry crowd, kabobs are a fast and easy pick that cook in just minutes.

To keep kabobs and other grilled meat healthy, trim all visible fat before grilling, and use oil-free marinades based on fruit juice or salsa to add flavor.

To tenderize meat, a marinade must include an acidic ingredient, like lemon juice, vinegar, wine or salsa. Allow 1/2 to 1/4 cup marinade per pound of meat. Reserve and refrigerate a portion of uncooked marinade for basting during grilling. Do not use leftover marinade that has been in contact with raw meat.

Always marinate in a closed, heavy-duty plastic bag or glass utility dish. Discard marinade and bag after one use.

Marinate thin strips of meat for woven kabobs at least 30 minutes or as long as 6 hours. Longer marinating causes meat fibers to break down and yields a mushy texture.

Like with all cooking, avoid charring by keeping away from very high heat.

Boost the charcoal-grilled flavor by adding fresh herbs, fresh citrus peel or wood chips to the coals. Soak the material in water 10 minutes before adding to the fire. Add more every 15 minutes.

For a healthy side dish, grill a few skewers of vegetables. To avoid burning, thread vegetable pieces on bamboo skewers soaked in water 10 minutes. Cut zucchini, eggplant, squash, leeks and eggplant in thin slices, and brush lightly with olive oil.

Home economist Mary Schroepfer is nutrition specialist for University Extension (University of Missouri system) in Franklin County.

## BEEF AND PLUM KABOBS

- 1 1/4 lb. boneless beef chuck shoulder steak, cut 1

- inch thick
- 1/4 cup plum preserves
- 1 tsp. minced green onion
- 1 tsp. fresh lemon juice
- 1 tsp. hoisin sauce
- 1/2 tsp. dry mustard
- 1/4 tsp. ground ginger
- 1/4 tsp. pepper sauce
- 4 ripe plums, quartered

Partially freeze beef about 30 minutes. Cut in strips 1/8- to 1/4-inch thick. Combine preserves, green onion, lemon juice, hoisin sauce, mustard, ginger and pepper sauce. Place beef in plastic food bag. Add marinade, turning to coat meat. Close bag securely. Marinate in refrigerator 30 minutes.

Remove beef from bag. Discard marinade. Alternately thread equal amount of beef strips, weaving back and forth, and 2 pieces plum on each of eight 12-inch skewers.

Grill kabobs on grid over medium coals, turning once, 3 to 5 minutes.

## Blue Ribbon Cook

### Tasty shrimp doubles the fun of spaghetti

Anita Green, St. Louis, is winner of this week's recipe contest for Creole Shrimp Spaghetti. The prize is dinner certificates from the Pasta House Co.

The creamy mixture is rich with cream and provol cheese. A hint of garlic is sharpened with Cajun/Creole seasoning or any peppery flavor mixture favored on the home front. Recipe proportions are designed for two servings, so it is easy to double them to serve a small family or make enough for a four-some.

Recipes for the Jell-O Recipe Contest celebrate the 100th birthday of the colorful, sweetly-flavored gelatin. Send an entry for anything made with Jell-O

— dessert, salad, beverage, snack or whatever — by June 30 to: Jell-O Recipe Contest, Suburban Journals, 1714 Deer Tracks Trail, St. Louis, Mo. 63131.

Entries will be judged for a prize to be awarded each of the five Wednesdays during July. Only one entry may be submitted.

As usual, if there is a history to the recipe, it will be considered part of the entry.

## CREOLE SHRIMP SPAGHETTI

- 8 oz. uncooked spaghetti
- 1 tsp. butter or

- margarine
- 1 clove garlic, minced
- 1/2 cup whipping cream
- 1/4 cup milk
- 1 cup (4 oz.) provol cheese ropes
- 1 to 1 1/2 tsp. Cajun/Creole seasoning
- 8 oz. medium shrimp, steamed, peeled, deveined

Cook spaghetti according to package directions. Drain.

In medium skillet over medium heat, cook garlic in butter 1 to 2 minutes. Add cream and milk. Cook and stir about 3 minutes until heated through.

Add cheese. Stir until melted. Stir in Cajun seasoning and shrimp.

Serve warm shrimp mixture over cooked spaghetti. Makes 2 servings.

## Dad

Continued from page 1C. 8 whole strawberries, 2 kiwifruit, peeled and quartered, and 1 apple, cored and sliced in eighths. Skewer fruit and sprinkle with 2 teaspoons sugar. Grill 5 minutes on each side until lightly browned. Remove from heat and brush with remaining glaze.

## LEMONY-RANCH GRILLED CHICKEN AND VEGETABLES

- 1/2 cup bottled lemon juice

- 3 tbsp. olive or vegetable oil
- 1 pkg. (1 oz.) ranch salad dressing mix
- 2 bell peppers (green and red), seeded, halved
- 1 zucchini, sliced lengthwise
- 1 summer squash, sliced lengthwise
- 1 lb. skinless, boneless chicken breast halves

In small bowl, combine lemon juice, oil and dressing mix. Mix well.

Grill or broil chicken until fully cooked, basting frequently, with 1/2 cup lemon mixture. Grill or broil vegetables until tender, basting with remaining

mixture. Makes 4 servings

## APPLE-RHUBARB CRUMB PIE

- 1 (9 inch) unbaked pie crust
- 4 full or golden delicious apples, peeled, cored, thinly sliced (about 5 cups)
- 2 cups fresh rhubarb, sliced in 1/2-inch pieces (not frozen)
- 3/4 cup sugar
- 3 tsp. flour

- 1/2 tsp. cinnamon

## Crumb Topping

Place crumb in lowest position in oven. Preheat oven to 375°.

Combine apple and rhubarb in large bowl. Add sugar, flour and cinnamon. Toss to coat fruit.

Fill pastry shell with apple-rhubarb mixture. Top with crumb topping. Bake in preheated oven 50 to 60 minutes until topping is golden brown and filling is bubbly.

Cool completely before serving.

Crumb Topping: In large bowl, combine 3/4 cup unsifted flour, 1/2 cup quick-

cooking oats (uncooked), 1/2 cup sugar, 1/4 teaspoon cinnamon and 1/4 teaspoon salt. Cut in 1/2 cup (1 stick) butter or margarine until crumbly.

## APPLE SLAW WITH BLUE CHEESE

- 4 cups thinly sliced green cabbage
- 3 cups thinly sliced red cabbage
- 1/4 cup cider vinegar
- 2 tsp. olive or vegetable oil

- 2 tbsp. sugar
- 3/4 tsp. celery seed
- 1/4 tsp. salt
- 2 tbsp. lemon juice
- 2 tsp. water
- 2 fuji apples, cored, chopped (about 3 cups)
- 4 oz. blue cheese, crumbled (optional)

In large bowl, combine green and red cabbage.

In small bowl, combine vinegar, oil, sugar, celery seed and salt. Mix well. Pour over cabbage. Toss lightly. Refrigerate, covered, at least 30 minutes.

In medium bowl, combine lemon juice and water. Add apple. Toss until apple is coated with mixture.

## Recipe

### QUICK M TAMAL

- 1 cup coarse onion
- 1 1/2 tsp. crushed
- 1 tsp. oil
- 1 1/4 lb. ground p
- ground bee
- 2 cloves garli
- 3/4 cup stir-fry
- 2 1/2 cups (11 oz)
- peppers, d
- 1 cup diced g

### SAUSAGE PI

- 6 oz. uncooked
- 1/2 cup frozen p
- 4 oz. prosciutto
- strips
- 1/4 cup finely ch
- 1/2 cup butter
- 1 can (28 oz.)

### HIT-N-RUN H



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# Today's Food

## Recipes

### QUICK MEXICAN TAMALE PIE

- 1 cup coarsely chopped onion
- 1 1/2 tsp. crushed oregano
- 1 tsp. oil
- 1 1/4 lb. ground turkey or lean ground beef
- 2 cloves garlic, minced
- 1/2 cup stir-fry sauce
- 1 can (11 oz.) corn with peppers, drained
- 1 cup diced green bell

pepper  
1 cup coarsely chopped fresh tomato  
Cornbread Topping

Preheat oven to 400°. Cook onion and oregano in hot oil in 10-inch skillet with oven-proof handle over medium-high heat until onion is tender. Stir in turkey and garlic. Cook until turkey is browned. Add stir-fry sauce, corn, bell pepper and tomato. Cook and stir until bell pepper is tender, yet crisp. Remove

from heat. Spread Cornbread Topping evenly over turkey mixture. Bake in preheated oven 15 to 18 minutes until topping is golden brown.

**Cornbread topping:** Stir together 1 package (8 1/2 ounces) corn muffin mix, 1 egg and 1/2 cup milk in bowl until just blended.

Makes 6 servings; 446 calories, 18 g fat, 86 mg cholesterol, 998 mg sodium, 47 g carbohydrate and 24 g protein each.

### SAUSAGE PRIMAVERA

- 6 oz. uncooked curly pasta
- 1/2 cup frozen peas, thawed
- 4 oz. prosciutto, torn in thin strips
- 1/4 cup finely chopped onion
- 2 tbsp. butter or margarine
- 1 can (28 oz.) peeled plum

tomatoes, crushed, removing any hard tops  
Grated parmesan cheese, if desired

Cook pasta according to directions on package. In large skillet, melt butter. Sauté onion 1 minute. Add tomato. Simmer over low heat 5 minutes, stirring

occasionally, until excess moisture is removed. Add peas. Simmer about 3 minutes longer.

Drain pasta. Place in serving dish. Pour sauce on top. Toss with prosciutto. Sprinkle with parmesan cheese. If desired, serve with garlic bread.

Makes 4 servings.

## Heart-y Bites

By NANCY McCABE

## Play hard and eat well in 'grab-and-go' style

The buzz words today are "quick" and "easy" when it comes to kitchen duty. Summer's outdoor activities are not compatible with meals in the kitchen and set meal schedules.

Thus, many people tend to skip meals and grab convenient foods and snacks, such as chips, snack cakes, candy bars and fast foods, that are high in calories, fat, cholesterol and sodium, when their hunger pangs rage out of control.

Pause for a moment to consider it only takes a little extra time and knowledge to make healthier choices for quick meals and snacks.

For example, 3 cups of air-popped popcorn can be as low as 50 to 80 calories and hold no fat. The alternative 2-ounce chocolate candy bar has about 250 calories and 8 to 14 grams fat. The decision to satisfy hunger is not only over calories and fat. The fiber in popcorn is filling and satisfying.

A food can be low in fat and calories with resulting control of weight and a decrease in the risk of heart disease. However, that may not be enough. Is it high in nutritional value, too?

Abundant low-fat and fat-

free products on supermarket shelves do not guarantee vitamins and minerals. Often these foods increase salt or sugar to replace the fat.

Perfect choices are impossible, but hedging for the future is smart.

For example, someone at risk for bone disease needs to obtain more calcium when eating, so a fat-free or low-fat pudding would be a better snack choice than a bag of fat-free potato chips. If high-fiber foods are a priority, a low-fat or fat-free bran muffin may be a better choice than a fat-free devil's food cookie.

The important point is a little knowledge, simple planning and small eating changes can take a person a lot closer to improved health and quality of life.

Fill summer with fun and quick, easy meals and snacks, without compromising good nutrition. Fruity-Cheese Pockets from the American Heart Association's "Quick and Easy Cookbook" require no cooking, so the recipe can go with a family through the summer, and are so simple a child can make it and give mom and dad the day off. It has a calcium bonus and can be made with chopped fresh fruits in sea-

son. Add it to the "Eat on the run and still have fun" recipe file.

Registered dietitian Nancy McCabe is a member of the nutrition committee of the American Heart Association, St. Louis Chapter.

### FRUITY CHEESE POCKETS

- 1 cup nonfat or low-fat cottage cheese
- 1 cup drained, juice-packed fruit cocktail
- 1/2 cup (2 oz.) shredded nonfat or low-fat cheddar cheese
- 2 (6 inch) pita bread rounds, split in half to form pockets
- 4 lettuce leaves

In medium bowl, stir together cottage cheese, fruit and cheese. Use immediately or, for better results, cover and chill until serving time.

To serve, line each pita pocket half with a lettuce leaf and spoon in fruit mixture.

Makes 4 servings; 146 calories, 12 g protein, 1 g fat (with nonfat cheeses), 22 g carbohydrate, 3 mg cholesterol and 339 mg sodium each.

## Recipe

### SPICY FISH WITH LEMON

- Grated peel of 1/2 lemon
- 1 tsp. toasted sesame seed
- 1/4 tsp. onion
- 1/8 tsp. ground cumin
- 1/8 tsp. white pepper
- 1/8 tsp. paprika

- 1/8 tsp. crushed red pepper, if desired
- 4 sole filets (3/4 lb.)
- 1 tbsp. oil
- Fresh lemon wedges and parsley sprigs, if desired

In small bowl, combine lemon peel, sesame seed, onion salt, cumin, white pepper, paprika and red pepper. Sprinkle over and rub into both sides of fish.

In large nonstick skillet coated with nonstick cooking spray, heat oil. Over medium-high heat, sauté fish 3 minutes. Turn over fish. Cook 2 to 3 minutes longer until fish is opaque and just flakes easily with fork.

Serve with lemon wedges and parsley.

Makes 2 to 4 servings.



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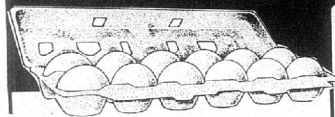
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# Today's Food

## Warm up to cool plates of salad with tomatoes

Warm weather brings out the best in comfortable clothes and lighter foods. Fresh tomatoes with tasty versatility make seasonal eating simple. Combining them in salads with grains and whole-grain breads yields healthy, satisfying dishes without turning to a stove.

Fresh Tomato and Bulgur Salad is ready in less than 30 minutes. Bulgur, which is cracked wheat, is combined with big chunks of tomato and lots of fresh parsley and green onion. The dressing can be store-bought or homemade vinaigrette, perked up by the mystic flavor of coriander. This refreshing salad can return to the table again and again all summer.

Italian Tomato and Bread Salad is based on traditional panzanella, which uses the ripest tomatoes, simple seasonings and day-old bread. Sweet red tomatoes are chopped and combined with mild, sweet onion, fresh basil, olive oil and vinegar.

That's all! Left to sit about 30 minutes, the salad lets the bread soak up all the flavorful tomato juices. To do these dishes justice, they should be made with fully-ripened tomatoes. If tomatoes in the store are pale pink and firm, continue ripening them at home at room temperature—not in the refrigerator—a few days, until their color brightens to red and they soften slightly.

### TOMATO AND BULGUR SALAD

- 2 medium fully-ripe tomatoes, cored, cut in 1/2 inch chunks
- 1/2 cup uncooked bulgur
- 1 cup boiling water
- 1/2 cup chopped mild onion
- 1/4 cup chopped fresh parsley
- 1/4 cup Italian salad dressing
- 2 tsp. finely minced garlic
- 1/2 tsp. salt
- 1/4 to 1/2 tsp. ground coriander, if desired
- 1/4 tsp. pepper

In medium bowl, combine bulgur and water. Let stand about 15 minutes until bulgur is softened. Drain off any remaining water.

In same bowl, combine bulgur with onion, parsley, dressing, garlic, salt, coriander and pepper. Toss to mix.

Serve immediately, or cover and refrigerate up to

2 days. Just before serving, gently stir in tomato. Yields 4 cups salad, about 4 servings.

### PANZANELLA

- 2 lb. fully-ripe tomatoes, cored, cut in 3/4 inch cubes

- 3 cups stale or toasted whole grain bread, cut in 1 inch cubes
- 1/2 cup fresh basil leaves, cut in thin strips, or 2 tbsps. dried leaf basil
- 1/4 cup sliced green onion or scallion
- 3 tbsps. olive oil
- 2 tbsps. red wine vinegar
- 1/4 tsp. salt

- 1/4 tsp. pepper
- In large serving bowl, place tomatoes, bread cubes, basil and onion. Drizzle with oil and vinegar. Sprinkle with salt and pepper. Toss gently to coat. Let stand about 20 minutes to soften bread. Yields 7 cups, 4 to 6 portions.



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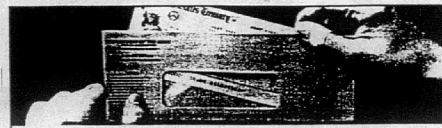
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## Recipes

### THAI FISH WRAPS

- 2 tbsp. lime juice
- 1 tbsp. peanut sauce
- 1 lb. fish steaks, such as swordfish, tuna, halibut or salmon, or shellfish, such as shrimp or scallops
- 4 cups hot, cooked short grain rice
- Peanut, hoisin or soy sauce
- Thai Slaw
- 8 (10 to 12 inch) flour tortillas, warmed until soft

Combine lime juice and peanut sauce. Spoon over fish. Refrigerate, covered, 30 minutes to 1 hour. Cook fish as desired by searing, broiling, microwaving or grilling.

To assemble each wrap, place 1/2 cup rice in center of tortilla. Drizzle with peanut, hoisin or soy sauce. Top with 2 to 3 tablespoons Thai Slaw and 4 to 5 slices cooked fish.

Fold in two opposite sides of tortilla about 2 inches. Carefully roll from side to side to enclose filling. Wrap tightly in aluminum foil. Keep warm while filling remaining tortillas.

To eat, hold wrap upright. Tear off foil in spiral as it is eaten. Foil keeps wrap warm and intact while eating.

**Thai Slaw:** In bowl, combine 2 1/2 cups packaged coleslaw mix; 1 cup finely chopped cucumber; 4 green onions, sliced; 2 tablespoons rice wine vinegar; 2 tablespoons minced cilantro; 1 tablespoon sugar; 1 teaspoon sesame oil, and 1/4 teaspoon grated ginger. Refrigerate, covered, at least 1 hour. Drain before using. Makes 8 wraps.

### BOILED SHRIMP WITH SPICY SAUCE

- 3 cups water
- 1/2 cup red wine vinegar
- 1 tsp. pepper sauce
- 2 tbsp. shrimp or crab boil spice mix
- 1 tsp. turmeric
- 4 bay leaves
- 1 1/2 lb. large shrimp, peeled, deveined, tails removed
- 1/2 cup seedless raspberry jam
- 2 tbsp. raspberry vinegar
- 1 tsp. (or to taste) prepared horseradish
- 6 inch bamboo skewers
- 4 slices fresh orange
- 4 slices fresh lime

In large pot, bring water, vinegar, pepper sauce, spice mix, turmeric and bay leaves to boil. Reduce heat. Simmer, covered, 5 minutes.

Add shrimp to simmering bouillon. Stir to coat all shrimp with bouillon. Bring to boil. Cook, covered, 2 minutes. Stir and cook 1 minute longer.

With slotted spoon, remove shrimp from pot and set aside to cool. Discard bouillon, or reuse immediately to boil more shrimp, then discard bouillon.

In small bowl, mix together raspberry jam, vinegar and horseradish to make sauce.

Pour sauce onto round, flat serving platter, covering bottom. Place cooked shrimp flat on sauce with all tails facing same direction. Stick one skewer straight up-and-down into thickest part of each shrimp, using shrimp as a base for the skewer. Skewers should stand upright. Overlap orange and lime on one side of platter.

Makes 4 to 6 servings, 272 calories and 2 g fat each.

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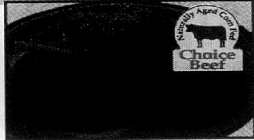
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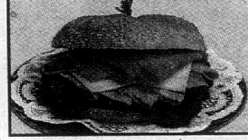
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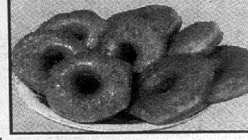
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Staff writer

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